

# classes at the center

JANUARY—MARCH 2023 THE ARVADA CENTER FOR THE ARTS AND HUMANITIES



Spring Break Camps  
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### Stay in Touch

Go to [arvadacenter.com](http://arvadacenter.com) and sign up to receive the latest email notifications and special offers. You can also follow us on Facebook, Twitter, Pinterest and Instagram by clicking on the handy icons on our homepage.

### The Digital Creative Arts Lab (DCAL) is Open!

The lab features creative digital classes for all ages and stages of experience in everything DIGITAL including photography, animation, and 3D printing. Check out our DCAL classes on page 20.

### Deaf Access

Interpreters for the deaf will be provided free for any class, if arranged in advance. Call the Box Office at 720-898-7200 (Voice) or for the hearing impaired call Relay Colorado (TTY) at 7-1-1 or 800-659-2656.

Accessibility services sponsored in part by:  
 Virginia Hill Charitable Foundation  
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### Attention Parents

A completed and signed Participant Information and Medical Care Authorization form is required for each class a child attends. This form provides important information for the safety and security of your child. Present completed forms on the first day of class. The form is available online at [www.arvadacenter.org/education/](http://www.arvadacenter.org/education/) or from class instructors. Photocopies of completed forms are acceptable.

### Scholarships

Limited Scholarships are available. Go to [arvadacenter.org/education/scholarships](http://arvadacenter.org/education/scholarships) to apply and for more information.



## spring break camps

### March 20-24

Looking for something fun and educational for your child to experience over spring break this year? Well, look no further. The Arvada Center has brought back our most popular teachers from our wildly successful summer camp program to offer your child just the camp to explore their creativity. Our spring break camp offerings include some of our most popular camps as well as a few with new twists for spring break fun.



	5-8 years old	9-12 years old
<b>Morning 9am-12pm</b>	Musical Theatre	Play in a Day
	Art and Discovery	Monsters, Myths, and Magic
	Drawing for Kids	
<b>Afternoon 1pm-4pm</b>	Far-Fetched Fairytales	Musical Theatre
	Sculpture for Kids	Renaissance Kids
		Fun Fibers

### Lunch Bunch and Extended Day Sessions for Busy Parents

Arvada Center Spring Break Camp has extended day activities perfect for children aged 5-12 of working parents. Our camps run from 9:00am-Noon and 1:00-4:00pm, but students may also sign up for a Lunch Bunch session from 12:00-1:00pm (children bring their own sack lunch). In addition to our popular Lunch Bunch sessions, we are also offering an After Camp session which includes supervised activities for extended care for your camper (ages 5-12). Pre-registration and pre-payment is required. No drop-ins or single-day registrations allowed. Parents picking their children up more than 10 minutes late for the morning or afternoon sessions will be charged \$20 per day.

**The cost per session is \$55**

**Lunch Bunch Sessions:**  
 (LB01) Mon-Fri., March 20 -March 24,  
 12:00-1:00pm, 1 week

**After Camp Sessions:**  
 (CA01) Mon-Fri., March 20 -March 24,  
 4:00-5:00pm, 1 week

#### DRAMA

### Musical Theatre Camp

FOR AGES 5-12  
**Jenny Thomas**  
 Learn to tell a story by using your voice. Students sing, dance and act by exploring catchy tunes and fun dance moves inspired by well-known children's theatre classics. This camp also covers the importance of charisma, poise, presentation and audience awareness. Camp culminates in an informal showcase for family and friends.

**Supply List:** Students should bring a water bottle and a healthy snack for break.

**Tuition \$155**

**Ages 5-8:**  
 (YT01) Mon.-Fri., March 20-March 24,  
 9:00am-12:00Noon, 1 week

**Ages 9-12:**  
 (YT02) Mon.-Fri., March 20-March 24,  
 1:00-4:00pm, 1 week

### Far Fetched Fairytales

FOR AGES 5-8  
**Samwell Rose**  
 Explore fairytales from around the world through storytelling, creative drama and problem solving. Students read a new fairytale each day, add some creativity, and teamwork, figure out ways to dive deeper into the stories, and make them something new. Along the way, students practice dramatic skills such as pantomime, sound effects and physical movement as they dream up interesting new happily ever-afters for their favorite characters and learn basic acting skills. Activities promote teamwork, creativity and literacy skills while building self-esteem.

**Supply List:** Students should bring a water bottle and a healthy snack for break.

**Tuition \$155**

(YT03) Mon.-Fri., March 20-March 24,  
 1:00-4:00pm, 1 week

*SPRING BREAK CAMPS continued, next page*





**DRAMA (CONT.)**

**Play in a Day**

FOR AGES 9-12  
**Samwell Rose**

Just bring your imagination and using props, costume pieces, improvisation games and story-starters, students create a play each day of camp. Inspiration for our plays comes from storybooks, pictures, story starters and improvisation. Camp focuses on creating stories with a beginning, middle and end. Camp culminates in an informal performance for family and friends. Come and play with us.

**Supply List:** Students should bring a water bottle and a healthy snack for break.

**Tuition \$155**

(YT04) Mon.-Fri., March 20-March 24, 9:00am-12:00Noon, 1 week

**DRAMA AND VISUAL ART**

**Renaissance Kids**

FOR AGES 9-12  
**Kristi Hemingway-Weatherall**

Dive into an exploration of the arts in this camp that is designed to promote self-expression and allow students to discover their ideas and voices through visual art projects, movement, theatre games and skills, self-authored monologues and artistic journaling. A collaborative and supportive environment invites exploration and growth with heavy doses of fun and laughter.

**Supply List:** Students should bring a water bottle and a healthy snack for break.

**Tuition: \$155**

(YV01) Mon.-Fri., March 20-March 24, 1:00-4:00pm, 1 week

**VISUAL ART**

**Art and Discovery Camp**

FOR AGES 5-8  
**JT Hinchman**

Students, don your lab coats! This camp combines art, science, and math in an exciting and mind-exploring environment. Campers explore from the vast reaches of space to the bottom of the ocean and maybe meet some dinosaurs on the way. Projects use a variety of mediums, including, drawing, painting, and clay. Come and experience the endless possibilities of mixing science and art.

**Supply List:** All materials provided. Students should wear old clothes and bring a water bottle and a healthy snack.

**Tuition \$155**

(YV02) Mon.-Fri., March 20-March 24, 9:00am-12:00Noon, 1 week

**Drawing for Kids: Enhancing Creative Abilities**

FOR AGES 5-8  
**Shaylyn Hubbell**

Children learn to see the basic shapes that make up all forms and the language of vision. The drawings done with these basic shapes range from abstract and still life to animals. Kids use pencils, pens, colored markers and pastels. As they develop skills in seeing form and space, their ability to draw accurately is enhanced. It has been shown that other skills based on visual perception, like math, reading, and spelling are often improved as well. As a result of such improvement, kids often find an increased sense of self-esteem. Class environment is nurturing, non-judgmental, and, most importantly, fun.

**Supply List:** All materials provided. Students should wear old clothes and bring a water bottle and a healthy snack.

**Tuition \$155**

(YV03) Mon.-Fri., March 20-March 24, 9:00am-12:00Noon, 1 week

**VISUAL ART**

**Sculpture for Kids: 3-D Exploration**

FOR AGES 5-8  
**Tim Tindle**

While assuming the roles of artist as dreamer, observer, storyteller and decorator, young artists learn how to generate ideas and have fun creating 3-D sculptures. Through such diverse projects as animal masks, figurative sculptures, mobiles, casting and carving, clay vessels and abstract constructions, young artists learn how to work with plaster, armatures, wire, clay and found objects. In this fun and nurturing class environment, students discover the thrill of creation while building self-confidence as an artist.

**Supply List:** All materials provided. Students should wear old clothes and bring a water bottle and a healthy snack.

**Tuition \$155**

(YV04) Mon.-Fri., March 20-March 24, 1:00-4:00pm, 1 week

**Monsters, Myths and Magic**

FOR AGES 9-12  
**Tim Tindle**

Discover the origins and tales of monsters, myths, and magical beings that are familiar and unknown. Explore a variety of art techniques including drawing, painting and sculpture to bring your fantastical creations to life. You may even learn a magic trick or two to impress your friends in this creative camp.

**Supply List:** Please bring a water bottle, a healthy snack, and a paint shirt.

**Tuition \$155**

(YV05) Mon.-Fri., March 20-March 24, 9:00am-12:00Noon, 1 week

**Fun Fibers: Batik, Tie-Dye and More**

FOR AGES 9-12  
**Jane Thaden**

Children learn the excitement of fibers through creating a tie-dye t-shirt, an original batik, weavings, and handmade paper that will be made into a book. A variety of techniques are explored through the use of materials such as wax resist and application of both natural and synthetic dyes. From hands-on experience, students become familiar with the cultures that originally designed these particular fiber works.

**Supply List:** Wear old clothes and bring a pre-washed white t-shirt (all cotton), a water bottle, and a healthy snack. All other materials provided.

**Tuition \$155**

(YV06) Mon.-Fri., March 20-March 24, 1:00-4:00pm, 1 week





## THEATRE ACADEMY

The Arvada Center's Theatre Academy prepares young artists for the stage. Through our year-round program, students from beginning to advanced can develop skills and knowledge in all areas of theatre arts. From comedy and improvisation to music and scene study, students learn the skills they need for the stage. The goal of the Arvada Center Theatre Academy is to educate, promote growth and provide an atmosphere where students can explore their own creativity, regardless of theatrical experience. Classes are open to new and returning students, ages 6-18, and provide an age-appropriate curriculum. These classes are designed to be taken more than once so that more experienced actors may continue to increase their skills and knowledge and take on more challenging roles. All classes are taught by experienced teaching artists, many with theatrical credits as actors, directors, or in other artistic roles.

### CLASSES FOR CHILDREN: 6-8 YEAR-OLDS

Children learn to act and perform plays using the tools of the body and voice. Students' imagination is activated in order to build self-confidence while bringing creativity and story-telling to life. Through vocal and physical warm-ups, theatre games, concentration exercises and scene work, students learn how actors prepare for the stage.

#### Playmaking: Musical Theatre

AGES 6-8  
Jenny Thomas

Students sing, dance and act well-known musical theatre classics. Class participants learn, practice and rehearse a collection of hits from Broadway musicals. Class focuses on confidence, collaboration, communication and presentation

**Tuition \$195**

(XT01) Mon., Jan. 9 – March 13, 4:00-5:30pm, 10 weeks

#### Playmaking: Fairy Tales

AGES 6-8  
Kami Cooper

The world of fairytales comes to life in this exciting and creative class. Bring your imagination and be ready to become a dragon, princess, troll, or even a magical elf. Each week we will read a story and turn it into a play, transporting the class to worlds beyond.

**Tuition \$195**

(XT02) Wed., Jan. 11-March 15, 4:00-5:30pm, 10 weeks



### CLASSES FOR YOUNG ADULTS: 13-18 YEAR-OLDS

Learn the fundamental techniques of stage acting: using your voice, body, and mind to pursue objectives, overcome obstacles, create characters and scenes, and work as an ensemble. Students also gain a working knowledge of basic acting theory and terminology. These classes are open to new and returning students. During the summer, students should plan on enrolling in one of our full ensemble production drama camps.

#### Acting for Young Adults: Musical Theatre

AGES 13-18  
Jenny Thomas

Become a triple threat: learn to sing, dance, and act—all at the same time. Class focuses on performance skills, such as acting on the words, stage presence, choreography, vocal technique and proper use of voice. Students collaborate with instructor and fellow musical theatre students to showcase polished contemporary performance pieces from some of today's most popular Broadway hits. Come and learn how to be a triple threat and have a great time too.

**Tuition \$265**

(XT05) Mon., Jan. 9-March 13, 6:00-8:00pm, 10 weeks

### CLASSES FOR YOUTH: 9-12 YEAR-OLDS

Learn the fundamental techniques of stage acting: using your voice, body, and mind to pursue objectives, overcome obstacles, create characters and scenes, and work as an ensemble. Students gain a working knowledge of basic acting theory and terminology. These classes are open to new and returning students. During the summer, students should plan on enrolling in one of our full ensemble production drama camps.

#### Acting for Youth: Musical Theatre

AGES 9-12  
Kami Cooper

This is the perfect class for kids who love to perform. Students sing, dance and act well-known musical theatre classics. Focus is on characterization, vocalization, basic Broadway dance moves, and musical theatre history. Class participants learn, practice and rehearse a collection of hits. Class focuses on confidence, collaboration, communication and presentation.

**Tuition \$195**

(XT03) Wed., Jan. 11 – March 15, 5:30-7:00pm, 10 weeks

#### Acting for Youth: Acting and Creative Dramatics

AGES 9-12  
Dana Goodman

Use your imagination, your voice and your body to create exciting, original characters. Explore scenes with partners and help create a show with your class. Young actors learn to pursue goals, overcome obstacles and work as an ensemble. Scenes come from plays, favorite TV shows and films. Students also learn improvisation, create commercials and play drama games.

**Supply List:** Bring a folder, pencil, snack and a water bottle to each class.

**Tuition \$195**

(XT04) Thurs., Jan. 12-March 16, 4:30-6:00pm, 10 weeks

#### Acting for Young Adults: Scene Study and Audition Preparation

AGES 13-18  
Dana Goodman

This class changes how actors think and perform. Learn script analysis, how to connect with a scene partner, practice different techniques, and create theatre magic. Students rehearse and perform scenes from the stage and screen and discover everything they need to know about preparing for auditions including finding the perfect monologue. This class is fun, engaging and challenging.

**Tuition \$265**

(XT06) Thurs., Jan. 12-March 16, 6:00-8:00pm, 10 weeks

ACTING AND PERFORMING ARTS  
continued, next page



**CLASSES FOR ADULTS:**

**Basic Acting**

FOR ADULTS  
**Dana Goodman**  
 This course is designed for adult beginning actors. We explore basic acting techniques, including the famous Stanislavski method. Students select material for scene work and monologues from contemporary plays with support from the instructor. Students explore rehearsal techniques with scene partners and learn about script analysis and character development along the way. Join us for this enjoyable exploration of acting.

**Supply List:** Please bring pencil, paper and folder.

**Tuition \$240**  
 (AT01) Tues., Jan. 10–March 14, 6:00–8:00pm, 10 weeks

**Private Acting Lessons**

AGES 7–ADULT  
**Gretchen Gaborik**  
 If you are looking for an intensive one hour acting lesson—these private, individual coaching sessions are just the ticket. Individual coaching can quickly prepare actors for their most challenging auditions as well as deepen their understanding of the studio environment. Lessons are designed for individual needs. Emphasis is on, but not limited to voice, movement, improvisation, musical technique and audition monologues. Perfect for college application auditions or getting back into acting. All levels welcome.

*This is not a class but a chance to set up an individual one hour private coaching appointment.*

**Tuition \$90/one hour appointment**  
 Individual one hour appointments available between Jan. 9 and Mar. 18.  
 (AT02) Jan. 9 to March 18



**THEATRE SALON**

Got a passion for theatre? Come join the Arvada Center Theatre Salon facilitated by Sasha Fisher, recipient of London’s Time Out Critic’s Choice Award for her work in classical theatre. There is a separate Theatre Salon for each production in the season. You’ll spend four weeks exploring the script, including scene study, character development and the play’s overall themes and objectives. Each course will include a visit from the directing staff and/or actors performing in the production studied and includes attendance at a Thursday evening performance.

**Our Town**

ADULTS  
**Sasha Fisher**  
 The story of one small town is a portrait of the universal experiences of life, love and death. Deceptively simple, this landmark of American drama proves to be a complex exploration of profound truths. Thornton Wilder’s Pulitzer Prize-winning drama *Our Town* invokes powerful storytelling alongside wit and humor to showcase what it means to be human.  
**Tuition \$70 plus one ticket to performance (\$30) for a total cost of \$100**  
 (AT03) Thurs., Feb. 16–March 9, 7:00–9:00pm, 3 weeks, plus performance March 2, 7:30 pm

**The Book Club Play**

ADULTS  
**Sasha Fisher**  
 What happens when your book club really starts reading between the lines? When a documentary film maker turns the lens on a devoted book club, their long-standing group dynamics take a turn for the dramatic... and hilarious. *The Book Club Play* is a buoyant comedy filled to the brim with literary references that will delight any bibliophile.  
**Tuition \$70 plus one ticket to performance (\$30) for a total cost of \$100**  
 (AT04) Thurs., March 23–April 6, 7:00–9:00pm, 3 weeks, plus performance April 13, 7:30 pm

**art for ageless adults**

At the Arvada Center creativity, exploration, and self-expression know no age. One of the greatest myths is that creativity is only for the gifted few, and even then, talent dims with age. In reality, creativity is for everyone, at any age. Our Arts for Ageless Adults classes are especially for adults age 55 and over, but are open to students of any age. These classes provide inspiration for the mature creative spirit and encouragement for discovering new artistic explorations. Now is the time to explore that artistic venture you have always dreamed about.

**Clay for Ageless Adults**

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS  
**Bradley Sweatt**  
 Come and learn the basics of clay or add to your existing knowledge. This beginning through intermediate class teaches students hand-building techniques. Depending on your interests, you can create anything from tableware to sculpture. This is a great opportunity to discover and express your creativity with clay. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**  
 (AC01) Tues., Jan. 10–Feb. 7, 1:00–4:00pm, 5 weeks  
 (AC02) Tues., Feb. 14–March 14, 1:00–4:00pm, 5 weeks

\*Clay tools and clay can be purchased at the Center for approx. \$40

**Writing Family History and Memoir**

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS  
**Joey Porcelli**  
 This class is intended for writers to capture highlights or meaningful moments of their past and share them with the next generation, publish them as a personal memoir, or simply write for the sheer joy of recording their life stories. As members of a small intimate group, students practice free writing in class, do weekly assignments and submit pages for critique in a positive and friendly environment. Each individual is asked to team up with another writer to edit and revise their work. All skill levels welcome, but students must be computer literate to receive class materials and share their work.

**Supply List:** Please bring a one-page essay on “A conversation that changed my life” to the first class  
**Tuition \$150**  
 (AH01) Tues., Jan. 17–Feb. 21, 9:30–11:30am, 6 weeks

**Ballet for Ageless Adults**

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS  
**Session A: Jennifer Irwin**  
**Session B: Christina Noel**  
 Basic ballet movements gently combine with stretching and balancing exercises to enhance flexibility and freedom of movement. Perfect for those who have always wanted to try ballet or for anyone interested in a gentle and fun dance class. No previous dance experience is necessary

**Tuition \$160, \$20 drop in class**  
 Session A: (AD101) Tues., Jan. 24–March 28, 10:30–11:30am, 10 weeks  
 Session B: (AD102) Fri., Jan. 27–March 31, 3:00–4:00pm, 10 weeks

**Tap I for Adults**

ADULTS  
**Sarah Della Fave**  
 This is an introductory course for adults to learn the very basics of tap dancing in a simple format that builds from week to week, slowly and using repetition. Students learn the basic steps in a supportive atmosphere and by the end of the session are able to execute the basic steps. All you need to participate is a pair of tap shoes and comfortable clothes.

**Tuition \$150, \$20 drop in class**  
 (AD103) Fri., Jan. 27–March 31, 5:15–6:15pm, 10 weeks



**Tap II for Ageless Adults**

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS  
**Sarah Della Fave**  
 Enjoy a good workout in a supportive atmosphere and learn how to tap dance to boot. This class is designed for the adult tap dancer with a little tap dance experience. Students learn the basic steps of tap dancing, including shuffles, flaps, slaps, brush backs and more. These basic techniques allow the dancer to learn the joy of tap dancing in a logical order. All you need to participate is a pair of tap shoes, comfortable clothes and a desire to dance.

**Tuition \$150, \$20 drop in class**  
 (AD104) Fri., Jan. 27–March 31, 4:15–5:15pm, 10 weeks

**Tap III for Ageless Adults**

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS  
**Sarah Della Fave**

Enjoy a good workout in a supportive atmosphere and progress in your dancing all in one hour. This class is designed for the adult tap dancer with previous tap dance training. Students learn high energy routines built upon their ability level. The only equipment you need is a pair of tap shoes and comfortable clothes.

**Tuition \$150, \$20 drop in class**  
 (AD105) Tues., Jan. 24–March 28, 2:30–3:30pm, 10 weeks

*Note: Dance classes that fall on a holiday can be made up in other classes or instructor may schedule a make-up class.*

**Pilates for Ageless Adults**

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS  
**Heather Fritz-Abarro**  
 This Pilates class is mat work-based, focusing on strength and balance. Pilates mat work, yoga and functional movement are blended together in a thoughtful mix to make for an energizing experience.

**Supplies:** Please bring a thick exercise mat and a hand towel to class.  
**Tuition \$150, \$20 drop in class**  
 (AD106) Wed., Jan. 25–March 29, 10:00–11:00am, 10 weeks



## Watercolor Magic



DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS

**Kathleen Lanzoni**

Discover the amazing world of watercolor painting. Together, step by step, we learn many watercolor techniques while creating colorful paintings. Each class explores new ways to use the watercolors while painting landscapes, animals, and flowers. This virtual class is perfect for beginners and advanced beginners. Join the watercolor fun!

**Supply List** will be mailed prior to class

**Tuition \$240**

(AV01) Tues., Jan. 10–Feb. 14, 9:30am–12:00noon, 6 weeks

## Watercolor Fun: Still Life Painting

ADULTS

**Kathleen Lanzoni**

Using the exciting medium of watercolor, students learn about creating a painting from sketch to a colorful finished piece. The focus of the workshop is enjoying learning watercolor techniques as well as composition, values and color of our still life subject. Class begins with a discussion and demonstration, then working together, step by step, we get right to painting. Students get individual feedback throughout the day. We discuss many aspects of creative painting techniques and processes with emphasis on enjoying the flow of water and paint on paper. This class is perfect for beginning through intermediate watercolorists. Let's have fun with the magic of watercolors!

**Supply List** will be mailed prior to class

**Tuition \$120**

(AV14) Mon., Feb. 13, 9:30am–3:00pm

## Watercolor Zoom Classes



ADULTS

**Janet Nunn**

Paint at home, wherever you are and join the class on Zoom. Perfect no matter what the weather is doing. Each week there is a new lesson. Students paint the snowy landscape and learn to paint the wintery season with unique tools that could include a basting brush, wax paper or a plastic card. A supply list for each week gives you time to gather your supplies for the class and to draw the lesson before logging into the Zoom classroom. The class is open to watercolor painters of all abilities.

**Supply List** will be mailed prior to class

**Tuition \$155**

(AV02) Tues., Wed., & Thurs., Jan. 10–12, 1:00–3:00pm, 3 class meetings



## SPARK!

### Cultural Programming for People With Memory Loss

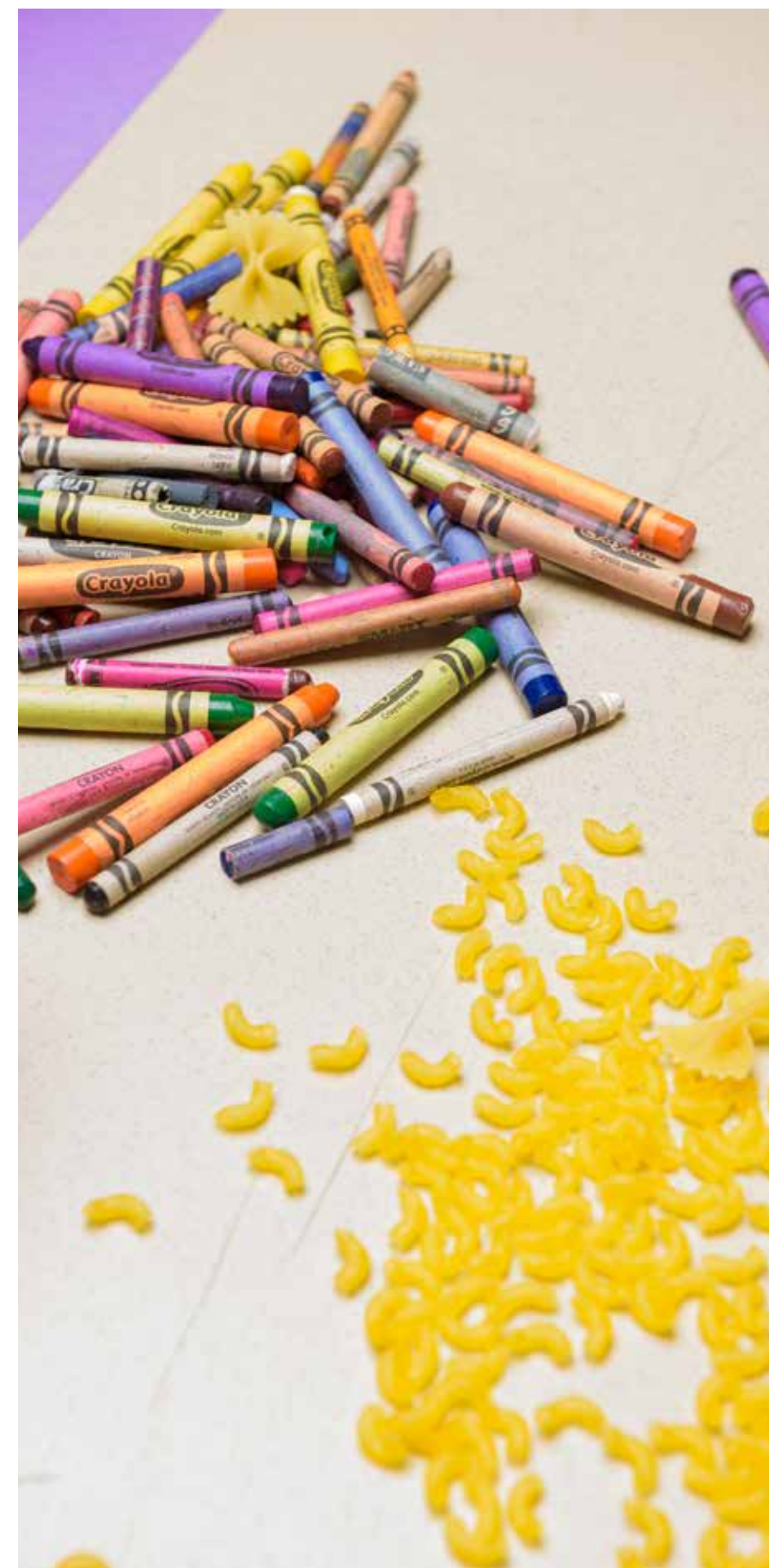
SPARK! programs invite people with early memory loss and their care partners to enjoy interactive experiences in a welcome environment. Specially trained educators engage participants in lively discussions, art-making, social engagement, and other hands-on multi-sensory activities. Programs SPARK! the minds of participants with conversation, creativity, and engagement. SPARK! programs are free of charge but space is limited and registration is required at least one week in advance. To register, please call Teresa Cirrincione at 720-898-7241.

### SPARK! Art and Science

This group exhibition of thirteen regional artists explores the vast ways contemporary artists use scientific concepts, datasets, research, and development to inform their works. Blending their interests in a broad range of disciplines including microbiology, geometry, neuroscience, dendrology, radiation, astronomy, and medicine, the artists in Art +

Science use modern mediums to inform and inspire the public to view both artistic practice and scientific discovery in new ways, broadening the understanding of both as they experience concepts in science. Join us for a guided, multi-sensory tour of the exhibition and make your own art work to take home with you.

**Mon., Feb. 13, 1:00–3:30pm**



## ArtStart Collage

FOR AGES 3 & 4

**Amber Lawson**

The Arvada Center offers a unique interdisciplinary arts class for preschool age children. Two mornings per week, our instructor presents experiences in creative dramatics, music, visual arts and movement. A wide variety of materials and techniques are used and taught. Class emphasizes building self-confidence and cultivating expression in a creative environment.

**Tuition \$250**  
**(This includes a \$30 material fee)**

(YS01) Tues. & Thurs., Jan. 10–March 16, 9:30–11:30am, 10 weeks

**A \$50 non-refundable deposit holds a space for your child, and the balance is due by the first class.**

## Rhyme, Rhythm and Color

FOR AGES 1 ½ TO 3, PLUS ADULT

**Mary Smid**

Students and their parents or caregivers clap, stomp, sway and march to the rhythm of age appropriate music and are exposed to the poetic nature of music and rhyme. Join us in listening to poems, acting out characters and creating murals and art inspired by music and words. These fun activities build language skills in this creative and active classroom. Given a variety of art supplies, young artists create their own art when they aren't clapping, stomping, swaying or marching. The focus is on language development through visual art and movement.

**Tuition \$125**

**Ages 1 ½–2 ½ plus adult**

(YS02) Mon., Jan. 9–March 13, 9:30–10:30am, 10 weeks

**Ages 2–3 plus adult**

(YS03) Mon., Jan. 9–March 13, 10:30–11:30am, 10 weeks

*See page 18 for ArtStart Dance*



## CLASSES FOR YOUTH

### Hands on Clay

AGES 6-12

**Jackie Cassidy**

Making things with clay is fun, and doing so in this class includes drawing, painting and learning to design. Discover how to see and use the elements of art: line, shape, form, texture and color when we visit galleries, talk about exhibits and translate what we learn into our own work in clay. Self-confidence blooms in this creative environment.

**Supply List:** All materials, tools and clay are provided. Wear old clothes and bring a large paint shirt and a snack.

**Tuition \$95**

(YC01) Mon., Jan. 9–Feb. 6, 4:00–5:30pm, 5 weeks

(YC02) Mon., Feb. 13–March 13, 4:00–5:30pm, 5 weeks

### Parent/Child Pottery

AGES 6-13, PLUS ADULT

**Patricia Cronin**

Parents (or other adults) join with children to work on a variety of clay projects that may include, but are not limited to, musical instruments, family portraits, whimsical sculptures or functional pieces and tableware. Have fun and spend time together learning the basics of clay in a creative and stimulating environment. See information on purchasing clay and tools.\*

**Supply List:** Wear old clothes, bring a paint shirt. Most materials provided; students must provide clay and tools.

**Tuition \$144 (each additional child or adult \$72)**

(YC03) Sat., Jan. 7–Feb. 4, 9:00–11:00am, 5 weeks

(YC04) Sat., Feb. 11–March 11, 9:00–11:00am, 5 weeks

\*Clay tools and clay can be purchased at the Center for approx. \$40

## DAY CLASSES FOR ADULTS

### Handbuilding

ADULTS

**Megan Ratchford**

This course is designed to accommodate all skill levels. Beginning students learn hand building techniques including pinch, slab and coil methods of construction. Students with previous experience in clay expand on their basic skills and gain further knowledge of clays, firing and surface treatments. Learn through discussion and hands-on experience the techniques used throughout history. This class encourages students to keep a journal of their clay experience. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC03) Tues., Jan. 10–Feb. 7, 9:30am–12:30pm, 5 weeks

(AC04) Tues., Feb. 14–March 14, 9:30am–12:30pm, 5 weeks

### Introduction to the Potter's Wheel

ADULTS

**Heidi Meissner**

Designed for the beginning throwing student, this course covers the basics of working with the potter's wheel. Learn to wedge clay, center and throw basic forms. Also included is an overview of the various clay bodies, surface decoration and firing methods. Students should have previous clay experience equivalent to five weeks of Beginning with Clay. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC05) Wed., Jan. 11–Feb. 8, 1:00–4:00pm, 5 weeks

(AC06) Wed., Feb. 15–March 15, 1:00–4:00pm, 5 weeks

See page 9 for Clay for Ageless Adults

### Intermediate Throwing on the Wheel

ADULTS

**Lynn Hull**

This pottery wheel class is designed for students who can center, throw a cylinder and bowl and wish to expand their knowledge of new clay forms or larger forms using larger amounts of clay. Instruction on technical skills needed to make lids and make them fit, making good spouts that pour well, and new forms are demonstrated. Students are encouraged to develop their own style through form and finishing. Decorative techniques and glazing are included. Pieces will be finished and fired using cone 10 reduction. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC07) Tues., Jan. 10–Feb. 7, 1:00–4:00pm, 5 weeks

(AC08) Tues., Feb. 14–March 14, 1:00–4:00pm, 5 weeks

### Animal Sculpture

ADULTS

**Bradley Sweatt**

This class focuses on the animal form in sculpture. By making quick sketches in clay, students explore balance, proportion, positive and negative space. Participants then choose one of their "sketches" to enlarge using coil and slab construction. Sculptures are finished using a variety of low fire slips and glazes. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC09) Thurs., Jan. 12–Feb. 9, 1:00–4:00pm, 5 weeks

(AC10) Thurs., Feb. 16–March 16, 1:00–4:00pm, 5 weeks

### Advanced Throwing

ADULTS

**Lynn Hull**

Continue to advance your throwing skills and refine your techniques in this class designed for the student who has mastered the basics of throwing on the wheel. Techniques may include creating lidded forms, altering forms, and more. Firing will be by Cone 10 reduction. See above information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC11) Mon., Jan. 9–Feb. 6, 1:00–4:00pm, 5 weeks

(AC12) Mon., Feb. 13–March 13, 1:00–4:00pm, 5 weeks

## EVENING CLASSES FOR ADULTS

### Beginning with Clay

ADULTS

**Bradley Sweatt**

This introduction to hand-built pottery explores the amazing versatility of clay. This class is designed for the clay beginner and focuses on hand building skills such as pinch, coil and slab methods. Students also receive an introduction to surface decoration and firing possibilities and gain an understanding of the basic vocabulary of working with clay. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC13) Mon., Jan. 9–Feb. 6, 6:30–9:30pm, 5 weeks

(AC14) Mon., Feb. 13–March 13, 6:30–9:30pm, 5 weeks

\*Clay tools and clay can be purchased at the Center for approx. \$40

### Introduction to the Potter's Wheel

ADULTS

**Heidi Meissner**

Designed for the beginning throwing student, this course covers the basics of working with the potter's wheel. Learn to wedge clay, center and throw basic forms. Also included is an overview of the various clay bodies, surface decoration and firing methods. Students should have previous clay experience equivalent to five weeks of Beginning with Clay (see above). See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC15) Wed., Jan. 11–Feb. 8, 6:30–9:30pm, 5 weeks

(AC16) Wed., Feb. 15–March 15, 6:30–9:30pm, 5 weeks

### Beginning Throwing: Level II

ADULTS

**Heidi Meissner**

This class is for the student who has had an introduction to throwing on the potter's wheel and wants to continue to develop their basic knowledge and technique. This is also a great class for someone who has had previous experience on the wheel years ago, and wants to refresh their skills. Instruction focuses on throwing basic forms, such as cylinders, cups and bowls. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC17) Mon., Jan. 9–Feb. 6, 6:30–9:30pm, 5 weeks

(AC18) Mon., Feb. 13–March 13, 6:30–9:30pm, 5 weeks



CERAMICS continued, next page



## EVENING CLASSES FOR ADULTS (CONTINUED)

## Handbuilding

ADULTS

Megan Ratchford

This course is designed to accommodate all skill levels. Beginning students learn hand building techniques including pinch, slab and coil methods of construction. Students with previous experience in clay expand on their basic skills and gain further knowledge of clays, firing and surface treatments. Learn through discussion and hands-on experience the techniques used throughout history. This class encourages students to keep a journal of their clay experience. See information on purchasing clay and tools.\*

**Tuition \$160**  
(includes \$20 glaze and firing fee)

(AC19) Wed., Jan. 11–Feb. 8, 5:30–8:30pm,  
5 weeks

(AC20) Wed., Feb. 15–March 15, 5:30–8:30pm,  
5 weeks

## Advanced Handbuilding

ADULTS

Bradley Sweatt

This class is designed for advanced level students. Learn both hard slab and soft slab construction techniques to create anything from sculpture to functional vessels. This class focuses on the technical aspects of slab building as well as assisting each student in finding and developing their own personal direction in clay. In addition, surface texture and glazes are discussed and demonstrated. See information on purchasing clay and tools.\*

**Tuition \$160**  
(includes \$20 glaze and firing fee)

(AC21) Tues., Jan. 10–Feb. 7, 6:30–9:30pm,  
5 weeks

(AC22) Tues., Feb. 14–March 14, 6:30–9:30pm,  
5 weeks

## Intermediate Throwing on the Wheel

ADULTS

Heidi Meissner

This class is designed for students who have previous wheel-throwing experience and wish to expand their skills. Instruction focuses on improving the technical skills needed to develop each student's own, unique style. Discussion of form, decorative techniques and glazing are covered. Firing will be by Cone 10 reduction

**Supply List:** Please bring a notebook to class. See information on purchasing clay and tools.\*

**Tuition \$160**  
(includes \$20 glaze and firing fee)

(AC23) Thurs., Jan. 12–Feb. 9, 6:30–9:30pm,  
5 weeks

(AC24) Thurs., Feb. 16–March 16, 6:30–9:30pm,  
5 weeks

## Advanced Throwing

ADULTS

Steven Wood

Students get an in-depth look at wheel-thrown pottery with an emphasis on form and volume. Firing will be by Cone 10 reduction. Class accommodates a range of abilities and interests of students who have mastered the basics of the wheel, while emphasizing individual processes and discovering personal styles. See information on purchasing clay and tools.\*

**Tuition \$160**  
(includes \$20 glaze and firing fee)

(AC25) Tues., Jan. 10–Feb. 7, 6:30–9:30pm,  
5 weeks

(AC26) Tues., Feb. 14–March 14, 6:30–9:30pm,  
5 weeks

## Date Night Clay

ADULTS

Bradley Sweatt

Try something new and different with your partner on a Friday night! Our instructor gives you an introduction to the basic steps of working on the pottery wheel and then turns you loose to make your own pots. Wear or bring clothes that you don't mind getting dirty, and show up ready to have some fun. Tools are provided, as well as 5lbs of clay per person. Each student gets to keep one of their pots from the evening, which our expert staff will glaze and fire for you. Your creations can be picked up about three weeks after your class.

**Tuition \$100 per couple**

(AC27) Fri., Jan. 13, 7:00–9:00pm, one evening

(AC28) Fri., Feb. 17, 7:00–9:00pm, one evening

(AC29) Fri., March 17, 7:00–9:00pm,  
one evening

## WINTER 2023 OPEN STUDIO HOURS

Monday: 9:00am–12:00pm

Wednesday: 9:00am–12:00pm

Thursday: 9:00am–12:00pm

Friday: 9:00am–12:00pm, 12:15–3:15pm,  
and 3:30–6:30pm

Saturday: 9:00am–12:00pm, 12:15–3:15pm,  
and 3:30–6:30pm

**Students must sign-up for Open Studio sessions. A sign-up sheet will be sent to students before each 5-week class.**

**The Arvada Center may need to modify or limit studio hours in order to comply with state and local health regulations.**

**\*Clay tools and clay can be purchased at the Center for approx. \$40**



## dance

The Arvada Center has a forty-year tradition of excellent technical dance training. We believe in bringing the most up to date dance medicine science and dance psychology into our classes so that our students learn correctly from the very beginning and learn in a positive and nurturing environment. Our staff is professional and highly qualified to teach the art of dance and all students are taught with the same high standards whether they are in the General Dance classes, working through levels of the Dance Academy, members of the performing company, or adults returning to dance. After training at the Arvada Center, our alumni often receive partial to full ride dance scholarships at prestigious dance conservatories around the country and abroad. Arvada Center dance alums are well represented in the dance world and can be found dancing on Broadway, principles with major companies, free-lance artists, artistic directors of their own dance companies, dance educators and choreographers.

## ARVADA CENTER DANCE ACADEMY INFORMATION

Academy classes are for dancers from age 6–19 who are seeking progressive training based upon a syllabus. Dancers in this track train between 1 and 5 days a week and are offered ballet, modern, hip hop, tap and jazz classes. Prospective students must audition to be admitted to classes in level II and up.

## DANCE ACADEMY SCHEDULE

Winter/Spring Session (20 Weeks)

January 23 – June 10 (no class 5/29 – Memorial Day)

Break: June 12–June 24

Classes that are scheduled on a holiday can be made up in other classes or instructor may schedule a make-up class.

## DANCE ACADEMY AND GENERAL DANCE CLASS INSTRUCTORS

Rosee Anderson, Taylor Coniglio, Peter Davison, Sarah DellaFave, Heather Fritz-Abarro, Lisi Elsey, Jennifer Irwin, Emily Hoch-Windus, Elena Kramda, Kathryn Lanning, Samiyah Lynnice, Lena Murphy-Colm, Christina Noel, A. K. Smythe, and Blake Vanderploeg;

Pianist: Stephanie Vinton

## DANCE ACADEMY PRICING

Pricing for all Academy classes is based on the number of classes students take per week. Please see class descriptions for recommendations as to the number of classes students should take for their level. Prices are charged per student not per family. General dance classes are not included in this pricing structure, those classes must be paid for separately. ACDT rehearsals are mandatory for company members and company members pay for only one of their company rehearsal classes.

**Price per 20-week Winter session:**

**1 class per week \$302**

**2 classes per week \$600**

**3 classes per week \$880**

**4 classes per week \$1,012**

**5 classes per week \$1,133**

**6 classes per week \$1,254**

**7 classes per week \$1,375**

**Each additional academy class over 7 – \$160 per class**

**Drop-in classes – \$20 per class**

Limited scholarship support is available.

Application and deadline information is available at the Box Office.

## ATTIRE FOR DANCE ACADEMY AND GENERAL DANCE CLASSES

**TOTS, KINDER DANCE & PRE-BALLET:**

All children should have ballet or jazz shoes (Kinder Dance students need tap shoes). Girls need a leotard and tights, dance skirts and sweaters are acceptable, if the child's hair is long, it should be pulled into a pony tail. Boys wear athletic shorts and a t-shirt.

**TAP**

Dance or athletic clothes and tap shoes

**BALLET**

**Females:** solid colored leotard, pink, black or tan tights and pink ballet shoes, short ballet skirt may be worn for the center work, and hair secured in a bun.

**Males:** Fitted t-shirt, athletic shorts or black tights and black ballet shoes.

**JAZZ AND MODERN**

**Females:** solid colored leotard, jazz pants or black tights and boy shorts, and jazz shoes. **Males:** jazz pants or athletic shorts, fitted t-shirt and jazz shoes.

**Modern** is the same attire except dancers are bare foot or may wear foot thongs.

**HIP HOP**

Athletic clothes and clean sneakers, hair pulled away from the face and minimal jewelry.

## A NOTE ABOUT TAKING PICTURES OR VIDEO

Patrons are not allowed to take pictures or videos of any dance class through the windows or at the studio doors. Pictures and videos may be taken only during the last class of the session if the parents are invited into the studio to observe class.

## ARVADA CENTER DANCE THEATRE

The Arvada Center Dance Theatre is the student performing troupe of the Academy. Students in levels III–V audition each spring to be part of this troupe. If accepted, Company dancers rehearse 2–3 times a week and perform in 3 dance concerts a year plus several community outreaches each season.

**Arvada Center Dance Theatre auditions for the 2023-24 season are currently scheduled to take place on June 4. 1:00–4:00pm.**

## ARVADA CENTER ACADEMY SPRING CONCERTS

Students in the Academy may participate in two spring dance concerts, each of which has 3 performances on the main stage. One concert series is for ballet and one is for jazz, modern, tap and hip hop. The performance fee for each concert series is \$120. If parents volunteer a minimum of 10 hours towards either of the productions, they will receive a \$30 credit on their account to be used for classes, workshops or theater productions. Parents are required to attend 1 of the 2 parent meetings held in early February. Volunteer details and concert information will be discussed at these meetings.

**Jazz: Wonderland**

Fri. & Sat., May 26 & 27, 2023 at 7:00pm

Sun., May 28, 2023 at 2:00pm

**Tickets: \$12**

**Ballet: Snow White and the 7 Dwarfs and Velveteen Rabbit**

Fri. & Sat., June 9 & 10, 2023 at 7:00pm

Sun., June 11, 2022 at 2:00pm

**Tickets: \$12**

## GENERAL DANCE CLASSES INFORMATION

The General Dance Program is for active young children and adults who love to dance and are looking for a friendly environment and fine teachers. This program is structured in 10 week sessions throughout the school year and can be a stepping stone for entering the Academy program. Students should contact the Dance Coordinator at 720.898.7237, if they are unsure of their level of placement.

## GENERAL DANCE CLASS SCHEDULE

**Winter Session (10 Weeks)**  
January 23–April 1, 2023

Classes that are scheduled on a holiday can be made up in other classes or instructor may schedule a make-up class.

*DANCE continued, next page*



# dance

## ARVADA CENTER DANCE ACADEMY

### Level I

FOR AGES 6-9

Dancers learn the basic warm ups, stretches, simple jumps and connecting steps that are specific to ballet, jazz, and tap. These beginning classes lay a solid foundation that can be built upon as the dancer progresses.

**Tuition per class as listed on page 15 \$20 drop in class**

Level I Dance Academy Offerings		
Ballet	Jazz	Tap
Thursday 4:15-5:15pm (XD701)	Monday 4:15-5:15pm (XD703)	Thursday 5:15-6:15pm (XD704)
Saturday 9:15-10:15am (XD702)		

### Level II

FOR AGES 8-12

At this level of training dancers focus on steps that transition weight, stability, musicality, and building dance vocabulary specific to each technique. Dancers learn a variety of turns, jumps and traveling steps that challenge and develop coordination. The Tuesday Ballet class is advanced and requires teacher approval.

**Tuition per class as listed on page 15 \$20 drop in class**

Level II Dance Academy Offerings		
Ballet	Jazz	Modern
Tuesday 4:30-5:45pm (XD705)	Monday 5:15-6:30pm (XD708)	Saturday 9:00-10:15am (XD711)
Thursday 5:15-6:30pm (XD706)	Wednesday 5:30-6:45pm (XD709)	<b>Tap</b>
Saturday 10:15-11:30am (XD707)	<b>Hip Hop</b>	Thursday 4:15-5:15pm (XD712)
	Monday 6:30-7:30pm (XD710)	

Academy Extras
<b>Boyz Dance</b>
Wednesday, 4:30-5:30pm (XD734)

### Level III

FOR AGES 10-13

Dancers at this level increase their dance vocabulary and the ability to memorize dance sequences. Development of strength, alignment, proper execution of steps, development of continuity in their dancing are all part of all level III training. Dancers are required to take at least 2 classes a week, however, 3 are recommended. Students are also encouraged to train in more than one discipline. The Monday Ballet class III is advanced and requires teacher approval. Towards the end of level III ballet training students begin to prepare for pointe work.

**Tuition per class as listed on page 15 \$20 drop in class**

Level III Dance Academy Offerings		
Ballet	Jazz	Modern
Monday 4:15-5:45pm (XD713)	Monday 5:45-7:15pm (XD717)	Tuesday 6:30-8:00pm (XD719)
Wednesday 4:15-5:45pm (XD714)	Tuesday 5:00-6:30pm (XD718)	<b>Tap</b>
Thursday 4:30-6:00pm (XD715)		Thursday 6:15-7:15pm (XD720)
Saturday 10:45am-12:15pm (XD716)		

Academy Extras	
<b>Academy Pilates</b>	<b>Academy Hip Hop</b>
Saturday 10:30-11:30am (XD732)	Thursday 7:15-8:30pm (XD739)
<b>Boyz Dance</b>	
Wednesday 4:30-5:30PM (XD734)	

### Level IV

FOR AGES 13-15

Dancers at this level work on more complex footwork and increased dance vocabulary. Close attention is paid to proper alignment, attention to detail and style in all aspects of training. This level of Jazz class includes work on lyrical and contemporary dance. Dancers are required to take 3 technique classes and are encouraged to take 4 or more classes per week. It is recommended that students study more than one dance discipline. Dancers are promoted to pointe work as their technique and bodies are ready for the challenge. The Monday ballet class is dedicated to beginning pointe work.

**Tuition per class as listed on page 15 \$20 drop in class**

Level IV Dance Academy Offerings		
Ballet	Jazz	Modern
Monday 5:45-7:15pm (XD721)	Wednesday 4:15-5:45pm (XD725)	Tuesday 4:15-5:45pm (XD726)
Tuesday 5:45-7:15pm (XD722)		
Wednesday 5:45-7:15pm (XD723)		
Friday 4:15-5:45pm (XD724)		

Academy Extras	
<b>Academy Pilates</b>	<b>Academy Hip Hop</b>
Saturday 10:30-11:30am (XD732)	Tuesday 7:15-8:45pm (XD733)
<b>Boyz Dance</b>	
Wednesday 4:30-5:30pm (XD734)	
<b>ACDT Rehearsals</b>	
Wednesday 7:15-8:30pm (XD735)	
Friday 7:15-8:30pm (XD736)	
Saturday 11:30am-12:30pm (XD737)	
Saturday 1:00-4:00pm (XD738)	

### Level V

FOR AGES 14-19

Dancers train at a pre-professional level and are required to take at least 4 technique classes per week with more encouraged. Students are also encouraged to cross train. Classes focus on neat foot work, multiple turns, presentation, speed and accuracy. In jazz classes, dancers learn contemporary and lyrical styles of dance as well as classical jazz. This level prepares students to dance at the University level or pre-professionally. The Friday ballet class is combined with advanced ballet IV.

**Tuition per class as listed on page 15 \$20 drop in class**

Level V Dance Academy Offerings		
Ballet	Jazz	Modern
Tuesday 5:45-7:15pm (XD727)	Monday 7:15-8:45pm (XD730)	Wednesday 5:45-7:15pm (XD731)
Thursday 6:30-8:00pm (XD728)		
Friday 5:45-7:15pm (XD729)		

Academy Extras	
<b>Academy Pilates</b>	<b>Academy Hip Hop</b>
Saturday 10:30-11:30am (XD732)	Tuesday 7:15-8:45pm (XD733)
<b>Boyz Dance</b>	
Wednesday 4:30-5:30PM (XD734)	
<b>ACDT Rehearsals</b>	
Wednesday 7:15-8:30pm (XD735)	
Friday 7:15-8:30pm (XD736)	
Saturday 11:30am-12:30pm (XD737)	
Saturday 1:00-4:00pm (XD738)	

## ACADEMY EXTRAS

### Pilates for Dancers

OPEN TO LEVELS III-V

**Heather Fritz-Abarro**

This is a classical Pilates method mat class geared towards dancers who are looking to improve the quality of their dancing no matter what style of dance they practice. Students learn the classical mat repertoire with adjustments for a dancer's special needs which increases core strength, balance and coordination. Some of the benefits of Pilates for dancers include: improved foot, leg and arm strength and alignment, proper hip turn out, decreased joint and ligament stress, decreased muscle strain and elimination of muscle gripping. Pilates is a wonderful way to start out a busy day of dancing.

(XD732) Saturdays, 10:30-11:30am

## ACADEMY HIP-HOP

### Hip Hop III

OPEN TO AGES 10-13

**Emily Hoch-Windus**

This class builds upon material learned in Hip Hop II, dancers build their vocabulary and speed as well as their ability to improvise in what hip hop dancers call "Battling." Styles from east to west coast, popping, locking and breaking are all a part of this fun class. Dancers must have been promoted from Hip Hop II or be in level III dance classes to participate in this class.

(XD739) Thursdays, 7:15-8:30pm

### Hip Hop IV-V

OPEN TO AGES 12-18

**A. K. Smythe**

This class is geared towards dancers with several years of formal training. Choreography that is challenging, varied in style and fast paced is the focus of this class. Dancers need teacher approval or must be at Academy level III or higher to participate in this class.

(XD733) Tuesdays, 7:15-8:45pm

### Boyz Dance

FOR AGES 8-14

**Peter Davison**

This specialty class is back by popular demand, taught by Peter Davison who is a recipient of the 2009 Ballet Builders Award for Choreography in New York City. Created by Peter for the boys of Boulder Ballet, he incorporates dance technique specific to male dancers, circus skills and prop manipulation among other skills that are fun for boys to learn.

**Tuition: \$220 for 10 classes**

**\$24 drop in class**

(XD734) Wed., March 1, 8, 15, April 5, 12, 19, 26, May 3, 10, 17

### Academy Tap

LEVELS I-III

**Lena Murphy-Colm**

Dancers build on basic tap skills and incorporate progressively complex rhythms and speed into their tap technique, working in both classical Broadway style tap as well as Rhythm tap in the style of legendary performers Savion Glover and Henry LeTang. Each level of tap builds upon the previous level of training. As the dancers refine their sounds, they learn progressively more complex rhythms and routines. In order to participate in tap II and III, dancers must take a placement class.

Tap I: (XD704) Thurs., 5:15-6:15pm

Tap II: (XD712) Thurs., 4:15-5:15pm

Tap III: (XD720) Thurs., 6:15-7:15pm

DANCE continued, next page



ART START DANCE

Our ArtStart Dance classes are designed to be a mixture of creative movement and rhythm exercises that are the foundations of all dance forms. These classes learn basic dance positions and steps through a variety of exercises, music and make believe. Additionally, children learn class room cooperation and etiquette which prepares them for more structured dance classes as well as how to be spatially aware and safe.

**Tots Dance**

FOR AGES 3-4  
**Jennifer Irwin**  
 Children explore rhythm and develop gross motor skills with both structured exercises and imaginative games that teach foundational dance movements. Students must be potty trained and have reached their third birthday.  
**Tuition \$120 or \$20 drop in class**  
 (YD107) Mon., Jan. 23-March 27, 4:00-4:45pm  
 (YD108) Sat., Jan. 28-April 1, 9:00-9:45am

**Kinder Dance**

FOR AGES 4-5  
**Jennifer Irwin**  
 This fun and creative combo class is for children with no previous dance training. Through both structure and games students learn basic movement skills, stretches, ballet positions of arms and legs and basic tap that will become more defined dance techniques.  
**Tuition \$120 or \$20 drop in class**  
 (YD109) Mon., Jan. 23-March 27, 4:45-5:30pm



**Pre-Ballet**

FOR AGES 5-6  
**Session A: Rosee Anderson**  
**Session B: Jennifer Irwin**  
 This class is for children with no dance experience or who have taken Tots or Kinder Dance. Students are introduced to simple ballet vocabulary, musicality, and basic classroom rules and cooperation. Students learn warm up exercises, stretches, and across the floor movement. This class fosters a love of ballet while preparing children to move onto the next level.  
**Tuition \$120 or \$20 drop in class**  
 Session A: (YD110) Tues., Jan. 24-March 28, 4:15-5:00pm  
 Session B: (YD111) Sat., Jan. 28-April 1, 9:45-10:30am

**Art Start Demonstration**

This short, sweet performance is for our youngest dancers who have taken class through the spring session. The young ones wear their favorite class attire and perform, on the Main Stage Theatre, a little dance they learned in class. This show is an easy and fun way for Art Start dance students to show what they have learned for family and friends.

Sun., June 11, 11:00am  
**Tickets \$1, General Admission**

BALLET

**Beginning Adult Ballet I**

FOR AGES 13-ADULT  
**Taylor Coniglio**  
 If you have no ballet background, or took ballet many years ago, then this class is for you. Students work on the fundamentals of ballet, focusing on executing one or two steps at a time. A friendly atmosphere creates a great learning environment for all.  
**Tuition \$160, \$20 drop in class**  
 (AD112) Wed., Jan. 25-March 29, 7:00-8:00pm

**Beginning Adult Ballet II**

FOR AGES 13-ADULT  
**Christina Noel**  
 Dancers who have taken 2 or more years of Adult Ballet I will find this class to be a perfect challenge. At this level dancers learn ballet vocabulary that requires weight transition, stability and balance. As dancers progress they learn to string steps together into simple combinations.  
**Tuition \$170 or \$20 drop in class**  
 (AD113) Mon., Jan. 23-March 27, 7:15-8:30pm

*See page 9 for Ballet for Ageless Adults and Tap for Ageless Adults*

TAP

**Tap I for Adults**

ADULTS  
**Sarah Della Fave**  
 This is an introductory course for adults to learn the very basics of tap dancing in a simple format that builds from week to week, slowly and using repetition. Students learn steps in a supportive atmosphere and by the end of the session are able to execute the basic steps. All you need to participate is a pair of tap shoes and comfortable clothes.  
**Tuition \$150, \$20 drop in class**  
 (AD103) Fri., Jan. 27-March 31, 5:15-6:15pm, 10 weeks

**Intermediate Adult Ballet III**

FOR AGES 13-ADULT  
**Lisi Elsey**  
 If you danced as a child or teenager, or have several years of ballet training, then this class is a good fit for you. Dancers increase their ballet vocabulary and the ability to memorize longer dance sequences. As dancers progress, they begin to add direction changes and develop the ability to move quicker.  
**Tuition \$170 or \$20 drop in class**  
 (AD114) Thurs., Jan. 26-March 30, 6:00-7:15pm

**Advanced Adult Ballet IV**

FOR AGES 13-ADULT  
**Lisi Elsey**  
 This class is perfect for adults who have many years of ballet training, and those with experience who have taken a hiatus. Dancers practice longer combinations with more complex foot work, turns and changes of direction. A challenging and fun class for those who love the movement and flow of ballet.  
**Tuition \$170 or \$20 drop in class**  
 (AD115) Tues., Jan. 24-March 28, 7:15-8:30pm

JAZZ

**Intermediate Adult Jazz**

AGES 16-ADULT  
**Session A: Lena Murphy-Cohn**  
**Session B: Taylor Coniglio**  
 Dancers get stretched out and dance their hearts out in this popular jazz class for adults with more than two years of training. A variety of warm-ups, jazz styles and combinations all make this class constantly new, challenging and exhilarating.  
**Tuition \$150, \$20 drop in class**  
 Session A: (AD116) Wed., Jan. 25-March 29, 6:45-8:15pm  
 Session B: (AD117) Fri., Jan. 27-March 31, 6:15-7:45pm, 10 weeks

PILATES

**Mat/Conditioning Class**

AGES 13-ADULT  
**Lisi Elsey**  
 Students work in a variety of ways, including Pilates based exercises and conditioning exercises to gain strength, balance, agility, and power. TheraBand, rollers and other equipment are used to challenge and work the muscle groups differently. Taught by an instructor who has over twenty years teaching experience. Students wear athletic or yoga style clothes and bare feet or socks.  
**Tuition \$150 or \$20 drop in class**  
 (AD118) Thurs., Jan. 26-March 30, 7:15-8:15pm

**Pilates Mat Class**

AGES 13-ADULT  
**Heather Fritz-Abarro**  
 The essence of Pilates mat work is a series of floor exercises designed to create uniform development, long muscles, core strength and breath control. By focusing on deep core strengthening and stretching, Pilates develops better muscle control, balance, and coordination of movement. Move through the classical Pilates mat repertoire with enhanced awareness of breath, spinal alignment, and control. Be ready to stand taller and find ease of movement in all of your daily activities. This class is great for people new to exercise or those wanting to improve in dance or sports.  
**Supply List:** Bring a thick foam exercise/Pilates mat, comfortable exercise clothes and bare feet.  
**Tuition \$150 or \$20 drop in class**  
 (AD119) Mon., Jan. 23-March 27, 7:30-8:30 pm





The Arvada Center's Digital Creative Arts Lab (DCAL) is an exciting state of the art lab for students to study digital arts. Below is a listing of our winter workshops. Join us and explore the creative world of digital creativity!

**CLASSES FOR YOUNG ADULTS**

**3D Printing**

AGES 9-15  
**Mike Empey**  
 Come learn what all of the hype is about in this introductory 3D printing class. During this class students learn everything you need to design and 3D print your own models using both 3Doodler pens and Lulzbot 3D printers to create tangible models. Our models are constructed in the free version of SketchUp and students explore some of the uses and nuances of 3D printing. This is a great class for artist and inventor alike. With this class and enough practice, you'll be a pro in no time.

**Supply List:** All hardware and software is provided.

**Tuition \$230**

(YL02) Thurs., Jan. 12–March 16 (no class Feb. 16), 4:30–6:15pm, 9 weeks

**Art, Animation and Design**

AGES 9-15  
**Mike Empey**  
 Students dive into the works of digital art in this introductory course. Students start by learning the basics of "photoshopping" pictures in Adobe Photoshop and then progress to more advanced techniques like masking and using filters. Students also explore Adobe Illustrator which utilizes the advantages of vector art to create scalable artwork that can be printed in any size without loss of detail. We then use our designs to create our own vinyl stickers and or t-shirts. Finally, we explore Adobe Animate, a digital animation program to create our own characters and scenery and then use those characters to create an animated digital short.

**Supply List:** All hardware and software is provided.

**Tuition \$205**

(YL03) Mon., Jan. 16–March 13 (no class Feb. 20), 4:30–6:15pm, 8 weeks

**CLASSES FOR ADULTS**

**3D Printing**

AGES 16-ADULT  
**Mike Empey**  
 Join us for this fun and exciting introduction to the world of 3D printing. Students are guided through the process of creating a simple 3D-printable object using a free CAD program and then prepare the file to be printed. Students learn how 3D printing works, how 3D printing is changing design processes and how it is impacting our world. We also learn the fundamentals of a basic CAD program and how to prepare those files to be 3D printed.

**Supply List:** All hardware and software is provided. Note: Students may need to pick up some of their prints after the class has completed. Tuition includes materials fee.

**Tuition \$100**

(AL04) Sat., Jan. 14, 9:30am–1:30pm

**CLASSES FOR YOUNG ADULTS**

**Individual Piano Lessons**

AGES 5-ADULT  
**Dr. Linda Pott**  
 Piano lessons are for students of all levels, beginners to advanced. Lessons are 30 minutes in length and are scheduled by appointment with the instructor between the hours of 4:00–9:00pm on Mondays. Lesson times may be extended, according to student's interests, for an additional fee. Instruction fosters each student's unique, innate musical aptitude. Students gain exposure to a wide variety of musical styles. Ear training, music theory, composition, listening, and reading skills progress at the student's pace. If you have prior piano experience, please bring music you enjoy, or would like to learn to play. Students need access to a piano or keyboard to practice each day between lessons.  
**Supply List:** Instructor will recommend music literature as needed.

**Tuition \$455 + \$20 (approx.) materials fee paid to instructor**

(YM01) Mon., Jan. 9–March 13, 10 weeks

**CLASSES FOR ADULTS**

**Individual Voice Lessons**

AGES 15-ADULT  
**Nanette West**  
 Times arranged with instructor prior to first class. Each individual lesson is 30 minutes in length and is scheduled between 4:30 and 7:30 pm on Wednesdays. Each lesson is structured to build on student's strengths and according to individual needs or requirements. Beginning to advanced students learn or review basic vocal technique including breathing/breath support, relaxation exercises, and more. Various vocal styles are explored and repertoire is geared to the individual's ability and preference. Singers, actors and dancers are encouraged to use this time for individual rehearsal, audition, and performance preparation.

**Tuition \$300 + \$5 materials fee paid to instructor**

(AM02) Wed., Jan. 11–March 8, 9 lessons

**Beginning Hand Drumming**

ADULTS  
**Barb Grebowich**  
 Have fun drumming with others. Explore cultural rhythms such as African, Latin, Afro Cuban and more. Students learn and practice basic beats and rhythms and celebratory rhythms each class.  
**Supply List:** Bring a djembe, conga, cajon, doumbek or bongos to each class (instructor may provide extra drums and miscellaneous percussion instruments).

**Tuition \$120**

(AM03) Tues., Jan. 17–March 7, 7:30–9:00pm, 8 weeks







## visual arts

### CLASSES FOR YOUTH

#### Cartooning: Anime and Manga

AGES 9-15  
Kelli Stark

The art of Japanese cartooning has a long history and a strong following, and its influence in western media seems to grow by the day. In this class, students delve into the world of sequential art and animation, bringing life to their own ideas and stories through this style. As they learn about the process behind creating anime and manga, as well as how technology has shaped the mediums, students refine their technical drawing skills. Strong emphasis is placed on learning from their favorite artists while developing their own, unique styles, building their confidence and body of work at the same time. Come learn about these exciting art forms in an inspiring and welcoming environment.

**Supply List:** While most materials will be provided, students should bring a sketchbook to develop their ideas.

**Tuition \$155**

(YV07) Tues., Jan. 10-March 14, 4:00-5:30pm, 10 weeks

### DRAWING

#### Drawing for People Who Think They Can't

ADULTS  
Chuck Ceraso

Regardless of how many years people spend telling themselves they can't draw, it's not true. You can! The ability to draw is natural to everyone, not just the "gifted." The key to bringing out that ability lies in the eyes, not the hands. If you can sign your name, you have all of the manual dexterity needed to draw as well as Rembrandt. What remains is to develop the ability to see. Through the concepts of positive and negative space, contour and design (among others), learn the way of "seeing" that unlocks the ability to draw with accuracy and freedom of expression. Experience the stimulation, personal satisfaction and sense of well-being that comes through the process of drawing. The concepts and exercises are given in a way that even children can grasp. You may discover a wonderful pastime that you can enjoy for many years to come.

**Supply List** will be mailed prior to class.

**Tuition \$170**

(AV03) Tues., Feb. 7-March 14, 4:00-6:00pm, 6 weeks

### PAINTING

#### Color Seeing: Bring Monet's Painting Process into Your Work

ADULTS  
Chuck Ceraso

If you've always liked the work of Monet and the impressionists, this class is for you! We will do painting exercises first developed by Charles Hawthorne. Hawthorne, Monet's contemporary, started the first school of light and color in the United States in the early 1900s. Ceraso studied with Henry Hensche, Hawthorne's protégée who took over the school when Hawthorne died in 1930. Hensche further developed the teaching methods as well as the impressionist style in his own painting. You will learn to see the three qualities of color and gain an understanding of how light affects the appearance of color. Discover the extraordinary world of light and color.

**Supply List** will be mailed prior to class.

**Tuition \$170**

(AV04) Wed., Feb. 8-March 15, 4:00-6:00pm, 6 weeks

#### Painting Wildly Colorful Animals

AGES 14-ADULT  
Shawn Shea

Gather up all your creative imaginative painting impulses and join us as we explore painting animals and birds, reptiles and fish in unique ways for your personal artistic expression. Be adventurous and mix up colors you perhaps never felt "worked" in depicting a representational scene. Students address the thought that perhaps the wildest and most expressive paintings are under girded with sound accurate drawing of whatever animal, bird or fish colorfully blazes across their finished canvas. We start with a solid grounding in the basic knowledge and the accurate drawing subject and then explore and exaggerate to create something unique and colorful. This class is for students with some background in drawing or painting.

**Supply List** will be mailed prior to class.

**Tuition \$165**

(AV05) Wed., Feb. 8-March 15, 7:30-9:30pm, 6 weeks

#### Weekly Watercolor

AGES 14-ADULT  
Pam McLaughlin

Students work individually on their own watercolor painting. Instruction on all aspects of the painting process: drawing, color mixing, composition, and watercolor techniques are covered in this class. The class is open to all levels of painters from beginners to advanced. Beginning painters paint a landscape start to finish with Pam during the first class. Students provide their own photos/reference materials for their paintings. Get painting in this fun, four week class.

**Supply List** will be mailed prior to class.

**Tuition \$175**

(AV06) Tues., Jan. 10-Jan. 31, 6:00-8:00pm, 4 weeks

(AV07) Tues., Feb. 14-March 7, 6:00-8:00pm, 4 weeks

#### Abstract Sumi e Painting

ADULT  
Marilyn Wells

Learn the ancient art of Sumi e which is Japanese for "ink on paper". The day begins with learning the basic Sumi e or calligraphic brushstrokes using large Sumi brushes. Students then paint several abstract Sumi e paintings inspired by quotes from both ancient Asian poems and contemporary verse or music. The use of poems, music and mindfulness meditation in this workshop helps students get out of their heads and into their creative selves. Discover the joy of Sumi e abstract painting and leave the workshop with several paintings and a renewed sense of self. Most supplies provided by the instructor to be used during class.

**Supply List:** Bring a 11 x 17 newsprint pad, a journal, a pen, four paper weight stones to hold paper still, water bottle. All other supplies will be provided by the instructor

**Tuition \$93 + \$7 materials fee paid to instructor**

(AV08) Sat., Jan. 14, 9:00am-1:00pm

*Before purchasing supplies, please call 720-898-7241 to confirm that classes will be held as scheduled.*

*VISUAL ARTS continued, next page*



MIXED MEDIA

### Exploring Collage

ADULTS  
Candace French

Join us for this creative exploration in the art of collage. In this fun filled and relaxing day, create beautiful collage paintings that make your heart sing. Discover easy ways to follow steps in how to create a collage composition that “works” along with tips that make it easy to complete collage paintings. This workshop is geared toward beginning and intermediate painters.

Supply List will be mailed prior to class.

Tuition \$120

(AV09) Sat., Feb. 4, 9:00am–3:00pm



CALLIGRAPHY

### Calligraphy, the Art of Beautiful Handwriting, Part 1

ADULTS  
Wendy Satsky

Calligraphy, the art of beautiful handwriting, is a fun and useful way to enrich your life by adding a personal, artistic touch to everyday writing tasks. In this workshop, students learn to use a felt tip calligraphy pen, practice an italic hand and create a greeting card. This class is perfect for beginners to those who would like a review of calligraphy basics. Materials, including pens, ink and paper are provided and kept by students for the materials fee.

Tuition \$93 + \$5 materials fee paid to instructor

(AV10) Sat., Jan. 14, 9:00am–1:00pm

### Calligraphy, the Art of Beautiful Handwriting, Part 2

ADULTS  
Wendy Satsky

Calligraphy is as old as writing itself and endures as a highly respected form of art around the world today. The versatility of calligraphy can be seen as an enhancement to everyday writing tasks, a craft, and a fine art when combined with painting, sculpture, textiles, and printmaking. In this workshop, students learn basic calligraphy skills including preparing and writing with a metal nib pen and liquid ink, the foundational hand, planning text with proper spacing, and how to design an addressed envelope. Strategies for at home practice are emphasized. This class recommended for beginning students who have taken Beginning Calligraphy, Part 1. Materials, including pens, ink and paper are provided and kept by students for the materials fee.

Tuition \$93 + \$10 materials fee paid to instructor

(AV11) Sat., Feb. 11, 9:00am–1:00pm

FIBER ARTS

### Easy Knitting for Beginners

AGES 16–ADULT  
Sara Fuentes

Whether you have knit a little, a lot or not at all, this class is for you. Students learn about yarn, tools, basic stitches, knitting abbreviations, how to read and modify patterns, cast on, increase and decrease stitches and make a gauge swatch and a project. Needles, pattern, and yarn are provided for students to complete their first project. Advanced beginning students learn new stitches, work stripes, the three needle bind off, cabling, stitch anatomy, common mistakes (and how to correct them), and how to work with double pointed needles. Tips on where to purchase beautiful yarn and find free patterns are also given.

Tuition \$120 + \$15 materials fee paid to instructor

(AV12) Wed., Jan. 18–March 8, 4:30–6:00pm, 8 weeks

### Easy Crocheting for Beginners

AGES 16–ADULT  
Sara Fuentes

Crocheting is versatile, fun and easy. This class is for beginners or those who have crocheted a little and want to know more. Leave your stress behind and come learn the basics of crochet including stitches, their abbreviations, how to read and modify patterns, make a gauge swatch, increase and decrease stitches, and the types of yarn available. Make a special project such as a market bag, scarf or dish cloth. A crochet hook, yarn and a pattern are provided for the first project. Students can then begin another project of their own choosing—a hat, sweater, afghan, baby clothes, etc. and provide their own yarn and hook (patterns provided if needed).

Tuition \$120 + \$15 materials fee paid to instructor

(AV13) Wed., Jan. 18–March 8, 6:00–7:30pm, 8 weeks

*Before purchasing supplies, please call 720-898-7241 to confirm that classes will be held as scheduled.*

## Instructors

ROSEE ANDERSON grew up training at the Arvada Center and was an apprentice teacher under Christina Noel for 4 years. During this time, Emily also was a member of the Arvada Center Dance Theatre and choreographed for the Academy and company. Besides teaching at the Arvada Center, she also teaches at Park Hill Dance Academy and performs with Park Hill Dance Collective. She is a budding photography artist, slowly creating her own photography business, ‘Rosee Photography.’

JACKIE CASSIDY has a bachelor’s degree from the University of Minnesota. She has been a long-time ceramics student at the Arvada Center for the Arts and Humanities. She practices both wheel throwing and hand-building and has an ever-changing interest in different ceramic forms and textures. Jackie has been volunteering in the Kids Clay program and looks forward to her debut as an instructor, where fun and exploration go hand in hand.

CHUCK CERASO studied art at the University of Notre Dame, the New Orleans Academy of Fine Arts and with noted impressionist Henry Hensche at the Cape School of Art. His work is in public and private collections throughout the country. Chuck received the Outstanding Young American Award in 1988 and is listed in Who’s Who in America 1994/1995 edition, as well as The International Dictionary of Biography. He also teaches regular classes at the Denver Art Museum as well as in his studio in Lafayette. LENA MURPHY-COLM brings 30 years of teaching and performance experience to the Arvada Center Dance Program. Her passion for teaching and exuberant energy creates a joyous environment for learning technical skills and developing a love for dance. Patience, encouragement, communication and kindness are her mantras for developing young dancers.

TAYLOR CONIGLIO is a professional dancer and dance educator based in Denver, Colorado. An avid student of dance since childhood, she trained rigorously in Jazz, Ballet, and Modern Dance at the Arvada Center for the Arts and Humanities as a part of their dance theatre and pre-professional performing company. Taylor furthered her education at Loyola Marymount University where she continued her dance studies with courses spanning many aspects of the dance world, including Dance Education, Composition, Improvisation, Hawaiian Dance, and Dance Conditioning, all taught by distinguished faculty. She graduated Magna Cum Laude after three years of study with a Bachelor of Arts in Dance in May of 2014. In addition to performing dance, she instructs students all over the Denver area.

KAMI COOPER received her BA in Theatre Performance from the University of Nebraska - Lincoln. Her passion is making art accessible to children and people of all capabilities. Kami has worked with theatre and performing arts companies throughout the country. She is so excited to begin working with the Arvada Center!

PATRICIA CRONIN is a Denver native with a BFA from the University of Colorado, and an MA in Art History and museum studies from the University of Denver. She has been a professional artist for 24 years, and a member of Zip 37 cooperative gallery for over a decade. Though she taught college ceramics for 13 years, her current passion is sharing the joy of clay with kids of all ages.

PETER DAVISON was the Co-Artistic Director of Boulder Ballet, and an independent solo performing artist. Peter has been a member of David Taylor Dance Theatre, Jan Justis Dance Company, Kim Robards Dance, 3rd Law Dance/ Theatre, and has performed numerous solos with Boulder Ballet since 1987. He has performed solo shows at the Carmel/California Performing Arts Festival, Cincinnati Playhouse, and Utah State Arts Tour, and has appeared as a featured soloist on the CBS, BBC and Fox television networks. Peter is a recipient of the 2009 Ballet Builders Award for Choreography, from New Choreographers on Pointe in New York City, and has created dances for Boulder Ballet, Ballet Nouveau Colorado, David Taylor Dance Theatre, Colorado Shakespeare Festival, and the Denver School of the Arts.

SARAH DELLA FAVE hails from New Jersey where she studied ballet and jazz. She has studied tap with Gene GeBauer, Barbara Duffy, Max Pollak, Ira Bernstein, and Anthony LoCasio. Sarah currently studies with Peg Emery, Alicia Karczewski, and Ashi Smythe. Her Teaching style is similar to that of her mentor, Peg Emery, and is geared toward adult students.

LISI ELSEY brings to the Arvada Center 24 years’ experience as a professional dancer and 15 years as an instructor. Lisi has performed lead roles in both classical and contemporary ballets with Colorado Ballet, Boulder Ballet and Arizona Ballet Theatre. Additionally, Lisi received her BA in psychology and dance from the

University of Arizona and her MA in psychology from Lesley College.

MICHAEL EMPEY is a technology teacher at a local charter school. He is thrilled to bring his enthusiasm and love for learning to the Arvada Center Digital Creative Arts Lab. Mike is a life-long technologist and maker by heart. He has K–8 technology for over 10 years and is eager to be teaching 3D printing this summer. When not busy teaching, Mike can be found tinkering with robotics, building drones, or playing around with his two young daughters.

SASHA FISHER holds a BA in Acting from RADA (Royal Academy of Dramatic Art) in her native London and is an Associate and Licentiate of LAMDA (London Academy of Music and Dramatic Art). She joined British Actors’ Equity in 1987 and has twice earned London’s Time Out Critics’ Choice Award for her work in classical Theatre. In addition to her work on stage and screen in Britain and the US, Sasha taught and directed Theatre for almost 30 years and holds an MA in Theatre Education from UNC.

CANDACE FRENCH is an award winning mixed media artist who is committed to sparking joy through creating and teaching art. Her paintings involve many layers of concealing, revealing and enhancing brilliant colors. Above all, she enjoys texture. Candace keeps her creativity alive by drawing inspiration from Mark Rothko and Clyfford Still. She enjoys playful expression and sees it as vital to her work. Her greatest joy is the endless possibilities of discovery and sharing her joy with others.

HEATHER FRITZ-ABARRO comes to Pilates after more than 30 years of classical ballet, jazz and modern dance experience. Many of those years were spent studying ballet and Laban based floor barre with Rieke Love at Ballet Denver. She found Pilates a great way to keep moving while pregnant with her second son, and decided to get her certification after practicing the method and feeling a huge difference in her strength and movement quality. She received her certification in the Classical Pilates Method from Ph7 in Denver in 2009.

SARA FUENTES has been involved with needlework in one way or another for over 40 years. She has done needlepoint, crewel and repousse’ embroidery, knitting and crocheting. Her specialty is knitting and crocheting. Starting out as a child in this area, she progressed from simple shawls to afghans, sweaters, jackets, skirts and even knitted a wedding dress for a friend. More recently, she assisted in the Arvada Center’s spring Dance Recitals by knitting and crocheting specialty items and selling handmade dance accessories to benefit the Tinkerbell Task Fund for the Arvada Center Dance Academy dancers.

GRETCHEN GABORIK received her BA in Theatre from Kean University (NJ), trained post-grad as an IB Theatre Instructor, and worked at Le Jardin Academy in Kailua, HI for 6 years, teaching middle and high school drama, running numerous after-school drama programs, and directed and choreographing theatre productions and musicals. She has many years of experience in all aspects of theatre, including the roles of actor, dancer, stage manager, design assistant, theatre technician, director and choreographer. Gretchen has been teaching at the Arvada Center since 2009, and has taught a variety of theatre classes for all ages at the center, including private acting lessons, improvisation, musical theatre and physical comedy; various workshops; parent-toddler multi-arts classes; and has also worked as a child liaison for Arvada Center theatre productions. Gretchen directed three Summer productions for 6–8 year-olds (including Peter Pan and Wizard of Oz) and assistant-directed three Summer productions for 9–12 year olds (including Oklahoma! and The King and I) at the Arvada Center.

DANA GOODMAN recently moved from Brooklyn to Denver, and she is thrilled to be teaching at the Arvada Center. She graduated from New York University with an M.A. in Educational Theatre, and she is a Colorado and New York state-certified theatre teacher. She is also an actor and a writer and can be seen as the character Julie in Sony Classics’ film, “The Tao of Steve.”

BARB GREBOWICH began drumming in high school marching band where she became proficient in the snare drum. From there she progressed to the drum set playing rock, pop and jazz in bands. Over the past ten years she has been playing congas, djembes and bongos exploring the cultural rhythms associated with these percussion instruments.

JT HINCHMAN was awarded a BA in Art Education from SUNY Potsdam and a MA in Education from the University Of Virginia. She was one of the first Art teachers in Colorado to acquire the National Board Certification. JT has taught Visual Arts to students for

the last 30 years in various grade levels and a myriad of specialties in several different states including overseas in Germany. She is a working artist who creates Art in several different mediums and is involved with the Hidden Talents Artists Group of West Arvada. Her love of sculpture, glass, clay, painting, printmaking, and drawing allows her to create both decorative and functional art that is enjoyed by all.

KRISTI HEMINGWAY-WEATHERALL has both taught and performed in music, dance and drama for twenty years. She has coordinated and taught the Art Start program at the Arvada Center off and on for nearly a decade and loves nothing better than the combination of kids and creativity. Kristi is a certified K-12 teacher and has taught English, speech, creative drama and theater in Jeffco schools, as well as several private and international schools. She and her husband met in a touring theater company where, in addition to performing, they created and taught arts, creativity and communication workshops for schools, businesses, churches and the military. She currently works training teachers around the country in the fundamentals of Inquiry Based learning, while occasionally moonlighting as a choreographer and director for various theatre groups.

EMILY HOCH-WINDUS, M.A., a Colorado native, began her dance training at age three and now holds her Masters in Dance Education from the University of Northern Colorado. She has diverse dance training working with artists from professional and collegiate levels in jazz, modern, tap, ballet, hip-hop, musical theater, West African dance, as well as Capoeira. Emily is dance artist, educator, advocate, and adjudicator for dance schools throughout Colorado. Emily is a full time dance educator who designs arts integrated lessons, and curriculum for grades K–9 at Doral Academy. She serves as an Ambassador for Presenting Denver, and helps fulfill their mission to support the art of dance through increased public exposure and appreciation of movement as an innovative art form. She has been teaching jazz and modern classes for dancers at the Arvada Center for close to 10 years, and is a choreographer for the ACDT Company.

LYNN HULL has been a working artist in the Denver Community for 27 years. She received a BS from Franklin Pierce University in New Hampshire and has taken many clay work-shops that have enhanced her skill set. She does work that is thrown and then altered and is skilled at hand building techniques as well.

SHAYLYN HUBBELL holds a BA in Visual Arts Education from the University of Kansas. She has been teaching art in the Jeffco school district for three years. Shaylyn firmly believes in teaching kids to be life-long art makers who are fearless, empowered, intelligent, and process-oriented. She is currently teaching middle school and learning and growing alongside her students everyday. In her own practice, Shaylyn focuses on graphite drawing and painting.

JENNIFER IRWIN has studied dance for more than 20 years. Most of her training occurred at the Arvada Center under Christina Noel-Adcock, Eve Brady Paris, and Lisi Elsey. She began teaching at the Arvada Center in the apprentice teacher program in 1997. Jennifer received her bachelor’s degree in Broadcast Journalism from the University of Missouri in Columbia in 2003 with a minor in Psychology. In addition to teaching at the center, she also volunteers a lot of her time with the dance program helping with costumes, choreography and coordinating volunteers. The Arvada Center selected her as Volunteer of the Month for March 2011.

ELENA MARIE KRAMDA started her dance training with Christina Noel Adcock at the Arvada Center. She later earned a BFA in dance from the Conservatory of Music and Dance at UMKC. She attended programs at The Ailey School, Jennifer Medina’s Common Thread Contemporary Dance Company, Cleo Parker Robinson, and Kim Robards, performing in showcases and attending some of these on scholarship. Elena then went on to study Graham with the renowned Franca Telesio. Additionally, Elena is a licensed elementary teacher completing a Master’s in Linguistically and Culturally Diverse Education. Elena has taught in a variety of dance programs in the U.S. and abroad, including the Dance Academy at the Arvada Center, Airborne Gymnastics and Dance, The DAM Studios, Your Soul’s Movement, and guest teaching at many studios in the Denver metro area.

KATHRYN (KATE) LANNING spent the past 30 years at the Arvada Center, first as a student under the tutelage of Christina Noel-Adcock, Lisi Elsey, and Eve Brady, then as a company member herself, and later as an instructor and co-director, Kate has seen this program and its numerous dancers grow and prosper. A dance instructor for 22 years now, Kate has witnessed many of her beginning ballet students go on to become members of



the Arvada Center Dance Theater, and even pursue dance beyond the Arvada Center. Kate has loved the creative exploration of choreographing for ACDT's talented dancers, as well as collaborating with the women who first mentored her. Beyond the Arvada Center, Kate served 10 years as a professional company member with Boulder Ballet, and ballet instructor for Boulder Ballet School, and taught 3rd grade in BVSD for 5 years. Currently, in addition to the dance department, Kate is an outreach instructor for the Arts Day program at the Arvada Center and is a substitute teacher for both BVSD and JeffCo school districts. Investing her time and talents to the arts and education is Kate's passion, whether at the Arvada Center or out in the community.

KATHLEEN LANZONI is an award-winning artist with a passion for watercolor painting. Painting in the studio as well as Plein Air (outdoors on location), she immerses herself in the fluid and unpredictable qualities of watercolor paint to capture the brilliant light and colors of nature. There is a wonderful feeling when applying the paint and seeing how the colors blend and flow, allowing the watercolor magic to happen. Kathleen has been teaching painting for over 20 years. Working with artists of all levels, sharing the magic of watercolors. She grew up in both Montreal and California, and for over 31 years has enjoyed the endless painting subjects that living in Boulder, Colorado, offers. Kathleen was formally trained at the Art Institute of Boston and at the Massachusetts College of Art, graduating from both schools with a BFA.

AMBER LAWSON studied art education at Kansas State University. After completing her education she went on to teach middle school aged students in Topeka, KS for three years. Amber then taught Kindergarten through 8th grade art in Sioux Falls, SD while completing her masters in educational technology. While living in South Dakota, Amber also started her own business as a professional photographer. Amber is new to Colorado and excited to share the visual arts with the students in Arvada.

SAMIYAH LYNNICE began her training at Academy of Ballet Arts and Artz 4 Life Academy in the Tampa Bay Area, FL. She is a graduate of New World School of the Arts and has a BFA in dance from The Hartt School in Hartford, CT. She toured the United States as a principle dancer with DunDu Dole West African Ballet and starred in the Chocolate Nutcracker as 'Claire' and 'The Dream Princess'. She has performed works by Martha Graham, Jose Limon, Doug Varone, Norbert DeLaCruz, Donald McKayle, Manuel Vignouille, Brian Arias, Darrell Grand Moultrie, and Amalia Viviana Basanta Hernandez. She performed at the prestigious Joyce Theater during the Jose Limon International Dance Festival and at the American Dance Festival premiering the commissioned work "Resist" by Micaela Taylor in 2019 and the Vail International Dance Festival where she premiered "Standing on the Shoulders" by Cleo Parker Robinson in 2021. Miss Lynnice is currently in her fifth season with Cleo Parker Robinson Dance Ensemble, and her first year of teaching at the Arvada Center Dance Academy.

PAM MCLAUGHLIN was traditionally trained as an emergency medicine physician and uses her expertise of anatomy to create realistic, emotionally charged watercolors. She has studied with watercolor master Liu Yi. Pam's work has been shown at the International American Watercolor Society Exhibition in New York City.

HEIDI MEISSNER has a BSEE with graduate work in Art Education. She has been teaching all levels of ceramics since 1996. Her focus is on thrown functional porcelain forms, which are based on her study of the "Japanese Arita Method of Porcelain" taught by James Srubek (with the guidance of Sensei Manji Inoue, a living cultural treasure of Japan) at the University of New Mexico.

LENA MURPHY-COLM brings 30 years of teaching and performance experience to the Arvada Center Dance Program. Her passion for teaching and exuberant energy creates a joyous environment for learning technical skills and developing a love for dance. Patience, encouragement, communication and kindness are her mantras for developing young dancers.

CHRISTINA NOEL has been teaching ballet 37 years, apprenticing first under the tutelage of her grandmother, a former soloist with the Brussels Opera. In 14 years as a professional dancer, Christina performed with Chicago Ballet, Tucson Ballet, San Diego Ballet, Nevada Dance Theatre, and Colorado Ballet, performing lead roles in Nutcracker, Swan Lake, Giselle and La Sylphide as well as having many roles created for her. She also taught for the companies' schools. Since 1986 Christina has taught ballet at the Arvada Center, and directed and choreographed for the Arvada Center Dance Theatre. Presently, Christina is the Dance Coordinator for the Center and directs the Apprentice Teacher program.

Many Arvada Center graduates have received dance scholarships from Universities and Conservatories, and several now have professional dance careers.

JANET NUNN is an award-winning watercolorist known for her use of bright color and blending techniques. Janet's works have been featured in Splash 14, 16 and Watercolor Artist magazine has published several of her lessons in her book, "How Do You Paint That Book." As an instructor, Janet enjoys teaching in a positive way, guiding students to uncover their own style of painting while they learn many watercolor techniques in a completely hands-on experience.

JOEY PORCELLI is the author of "Rise and Dine: Breakfast in Denver" and "Boulder, Gyros Journey: Affordable Ethnic Restaurants along the Front Range" and "Take 30: The First Three Decades of the Denver International Film Festival." She writes screenplays, restaurant reviews and magazine feature articles. Porcelli has worked as a newsletter editor for the Denver Mayor's Office of Arts, Culture and Film, the Lower Downtown District, Inc., and Historic Denver. Her short story "Parachute Drop" won first place for fiction in the Colorado Authors' League 2022 contest.

LINDA POTT holds a Ph.D. in Music Composition from the University of California-San Diego. Her Masters in Music degree is from the University of Illinois, and her Bachelor of Music degree is from the Lamont School of Music at the University of Denver. She plays piano, accordion, and bassoon. She taught at the University of Wisconsin-Parkside, the Lamont School of Music, and at San Diego University. She has taught music in schools for grades K-12, and teaches private music lessons for adults and children. Linda is a nationally certified teacher of music in piano (MTNA). Linda is a member of the Broomfield Symphony Orchestra.

MEGAN RATCHFORD is the Artist in Residence for the Arvada Center Ceramics Program. She attended Arapahoe Community College and the University of Nebraska, Lincoln, where she completed her BFA in ceramics. She has taught ceramics since 1996 with emphasis in salt fire and raku techniques. In her own work, she focuses on the functional thrown vessel fired in high fire reduction and salt atmospheric kilns.

SAMWELL ROSE is a teaching artist, actor, director, and deviser with 15 years of experience in the theatre industry. They graduated from Lewis & Clark with a BA in Theatre in 2015, and studied abroad at the Moscow Art Theatre. They love working with kids and are inspired by the imagination and passion of young theatre artists. As an educator, Samwell is most passionate about empowering future adults to understand their own potential and creativity while connecting with each other through storytelling.

WENDY SATSKY is an artist and teacher whose passion is to share her love of art with others through teaching and art making. She holds an M Ed from Colorado State University and was twice awarded Outstanding Teacher of the Year during her career as a middle-school art teacher in Eagle County. Wendy presently serves as an art director for Denver's People House where she manages Pendleton Art Gallery and assists other artists, oftentimes with their first shows. Tending to her own spirit with meditative painting and writing practice, Wendy enjoys creating calligraphic paintings, greeting arts and art books inspired by nature, beauty and wisdom found in everyday life.

SHAWN SHEA has created work for international, national, regional and local editorial and advertising clients. He has designed and illustrated eighteen children's books. Shawn's fine art paintings have been accepted into numerous shows and are in private collections of Children's Hospital and Craig Hospital. His work has been shown in numerous group and two-person exhibitions.

MARY SMID had developed interactive group classes on building interpersonal skills through dramatic play, language development and rhythmic physical activity. With a background in teaching diverse learners of all ages and a Master's in Special Education, Mary enjoys teaching hands-on, play-based activities that integrate language skills based in rhyme and rhythm while incorporating experiential art and movement.

A. K. SMYTHE is a native of Chicago's south side. Ashi began dancing and performing at the age of five at the Katherine Dunham Center for the Performing Arts (KDCA) in East St. Louis, Illinois. He was trained in ballet, modern, tap, jazz, gymnastics, West African, dance theory and instruction. Ashi is an accomplished artist whose versatile abilities have taken him around the world. His base training of Dunham Technique enabled him to perform with dance companies including Alvin Ailey, Missouri State Ballet, Senegalese and Guinea Ballet (West African), H.T. Chen and Dancers

(Asian-American), and Chuck Davis' African American Dance Ensemble (AADE) where he was a principal dancer. He danced with MC Hammer and was an original cast member of the Tony Award winning Broadway musical (Best Musical) of "The Lion King." Ashi is also an actor and singer and has lent his voice to such projects as "The Lion King's" (Broadway soundtrack), "The Lion King II" Simba's Pride's (Movie soundtrack), "Faca Kulu"(South African artist) and "Lion Beast Rhymes" (BCEFA). He has taught and choreographed for several dance companies, universities, dance groups, award shows and celebrities.

KELLI STARK has been working at the Arvada Center for nearly a decade with eclectic knowledge in zoology, yarn art, cartooning, circus arts, and printmaking. Her favorite Pokémon is Vulpix (both forms).

BRADLEY SWEATT is an avid ceramic artist with seven years of experience in different hand-building and wheel throwing techniques. He recently received his BFA from Northern Illinois University, continues to pursue higher education and is proud to join the Arvada Center team as an instructor.

JANE THADEN has a BA from Colorado State University and has over 25 years' experience teaching in the public school system. She has taught summer camps and Arts Day workshops at the Arvada Center for over 18 years.

TIM TINDLE is a lifelong artist, pursuing multiple mediums including painting, watercolor, pen and ink, and ceramics. Working in clay, he loves sculpting animals and mythical creatures. His work ranges from decorative to functional. His life revolves around sharing his love of art and he has faith in the power of imagination and creativity.

JENNY THOMAS has an MFA in Voice Coaching and Training for the Theater from the National Theater Conservatory and an MM in Operatic Performance from the University of Connecticut. She is also a licensed K-5 teacher. She has been working with adults and children for over 25 years through private teaching; as a Teaching Artist at the Denver Center for the Performing Arts; and as a Guest teacher at various schools and institutions throughout the Denver area.

BLAKE VANDERPLOEG grew up dancing at the Arvada Center and was a Arvada Dance Theatre company member. Blake studied Kinesiology with a minor in dance at Calvin University in Michigan where she joined the University Dance Guild working with student leaders to coordinate two productions yearly. Blake was part of the leadership team, deciding on choreographers, organizing costumes, and putting together a total of four shows. Blake has choreographed for Dance Guild, the Calvin dance minor program, and the Arvada Center Dance Theater. She has assisted with and taught dance, music, and art classes at the Center since her freshman year of high school, and is now back as a teacher, choreographer, and guest artist.

MARILYN WELLS, M.Ed., Ph.D., is a lifelong Artist and Teacher, always majoring in Art. She specializes in painting Abstract Sumi e, or black ink on paper, of ancient Zen origins, plus figurative Divine Feminine women in Oils and in Watercolor, as well as small Clay works inspired by ancient Neolithic figures. Her intention is always to ignite the spark of her student's own inner fire of creativity so they may also find this lifelong satisfaction and joy in making Art.

NANETTE WEST is a graduate of Ball State University with a bachelor of music degree in vocal performance and a BA degree in German. She has performed with opera companies in Colorado and Indiana. She has also performed in oratorio works with local orchestras and as a guest soloist with several local churches. Nanette and her twin sister, Natalie, just completed producing a southern gospel CD with Crank It Up Studios in Boulder, Colorado.

STEVEN WOOD's ceramics career spans over 30 years. During that time he has worked in large scale production pottery businesses as well as small production studios. He brings the benefits of these experiences to bear in developing his own work. As an instructor, he encourages his students to envision a finished piece where form, function and surface work in harmony to create a successful piece. His production experience has allowed him to hone his throwing and forming skills and he is able to share his insights on efficiency of process with his students. During class he demonstrates techniques to aid student's advancement of their own skills and help them explore new forms.

# registration



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**Walk Up:**  
At the Box Office,  
11am-7pm, Mon.-Fri.  
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12pm-4pm, Sun.



**By Mail:**  
Arvada Center  
6901 Wadsworth Blvd.  
Arvada, CO 80003

WINTER SESSION: JANUARY 9-MARCH 18						
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Phone (Day) \_\_\_\_\_ *Please pay material fees in class unless otherwise noted.* Signature \_\_\_\_\_

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### Refund Policy

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Occasionally, it is necessary to cancel a class. In that event, students will be notified and receive a full refund plus a \$5 credit toward another class. Credit letters may not be used with any other discount. You may contact the Center at 720-898-7241 before your first class to assure the class has met its minimum enrollment.

### Deaf Access

Interpreters for the deaf will be provided free for any class, if arranged in advance. Call the Box Office at 720-898-7200 (Voice) or for the hearing impaired call Relay Colorado (TTY) at 7-1-1 or 800-659-2656.

*Please be advised that participants in all Arvada Center activities are subject to being photographed and photographs may be used to promote Arvada Center programs.*



### EDUCATION STAFF

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The Galleries and Museum are free and open to the public, and closed on select holidays.



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## Winter Classes 2023

Call 720-898-7200 or visit our website at [www.arvadacenter.org](http://www.arvadacenter.org) for information on these camps and other classes at the Arvada Center.

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Saturday, April 15, 2023

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