

# classes at the center

SEPTEMBER–NOVEMBER 2023 THE ARVADA CENTER FOR THE ARTS AND HUMANITIES



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## The Digital Creative Arts Lab (DCAL) is Open!

The lab features creative digital classes for all ages and stages of experience in everything DIGITAL including photography, animation, and 3D printing. Check out our DCAL classes on page 18.

## Deaf Access

Interpreters for the deaf will be provided free for any class, if arranged in advance. Call the Box Office at 720-898-7200 (Voice) or for the hearing impaired call Relay Colorado (TTY) at 7-1-1 or 800-659-2656.

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## Attention Parents

A completed and signed Participant Information and Medical Care Authorization form is required for each class a child attends. This form provides important information for the safety and security of your child. Present completed forms on the first day of class. The form is available online at [www.arvadacenter.org/education/scholarships](http://www.arvadacenter.org/education/scholarships) to apply and for more information. Photocopies of completed forms are acceptable.

## Scholarships

Limited Scholarships are available. Go to [arvadacenter.org/education/scholarships](http://arvadacenter.org/education/scholarships) to apply and for more information.

# acting and performing arts

## THEATRE ACADEMY

The Arvada Center's Theatre Academy prepares young artists for the stage. Through our year-round program, students from beginning to advanced can develop skills and knowledge in all areas of theatre arts. From comedy and improvisation to music and scene study, students learn the skills they need for the stage. The goal of the Arvada Center Theatre Academy is to educate, promote growth and provide an atmosphere where students can explore their own creativity, regardless of theatrical experience. Classes are open to new and returning students, ages 6–18, and provide an age-appropriate curriculum. These classes are designed to be taken more than once so that more experienced actors may continue to increase their skills and knowledge and take on more challenging roles. All classes are taught by experienced teaching artists, many with theatrical credits as actors, directors, or in other artistic roles.

### CLASSES FOR CHILDREN: 6–8 YEAR-OLDS

Children learn to act and perform plays using the tools of the body and voice. Students' imagination is activated in order to build self-confidence while bringing creativity and story-telling to life. Through vocal and physical warm-ups, theatre games, concentration exercises and scene work, students learn how actors prepare for the stage.

## Playmaking: Musical Theatre

AGES 6–8

**Ella Witt**

Students sing, dance and act well-known musical theatre classics. Class participants learn, practice and rehearse a collection of hits from Broadway musicals. Class focuses on confidence, collaboration, communication and presentation.

**Tuition \$195**

(XT19) Tues., Sept. 12–Nov. 14, 4:30–6:00pm, 10 weeks

## Playmaking: Fairy Tales

AGES 6–8

**Ella Witt**

The world of fairytales comes to life in this exciting and creative class. Bring your imagination and be ready to become a dragon, princess, troll, or even a magical elf. Each week we will read a story and turn it into a play, transporting the class to worlds beyond.

**Tuition \$195**

(XT20) Mon., Sept. 11–Nov. 13, 4:30–6:30pm, 10 weeks







CLASSES FOR YOUTH:  
9–12 YEAR-OLDS

Learn the fundamental techniques of stage acting: using your voice, body, and mind to pursue objectives, overcome obstacles, create characters and scenes, and work as an ensemble. Students gain a working knowledge of basic acting theory and terminology. These classes are open to new and returning students. During the summer, students should plan on enrolling in one of our full ensemble production drama camps.

Acting for Youth:  
Musical Theatre

AGES 9–12  
**Devon Buchanan-Marrero**

This is the perfect class for kids who love to perform. Students sing, dance and act well-known musical theatre classics. Focus is on characterization, vocalization, basic Broadway dance moves, and musical theatre history. Class participants learn, practice and rehearse a collection of hits. Class focuses on confidence, collaboration, communication and presentation.

**Tuition \$195**  
(XT21) Thurs., Sept. 14–Nov. 30 (no class 10/5 & 11/23), 4:30–6:00pm, 10 weeks

Acting for Youth: Acting  
and Creative Dramatics

AGES 9–12  
**Ella Witt**

Use your imagination, your voice and your body to create exciting, original characters. Explore scenes with partners and help create a show with your class. Young actors learn to pursue goals, overcome obstacles and work as an ensemble. Scenes come from plays, favorite TV shows and films. Students also learn improvisation, create commercials and play drama games.

**Supply List:** Bring a folder, pencil, snack and a water bottle to each class.  
**Tuition \$195**  
(XT22) Mon., Sept. 11–Nov. 13, 6:00–7:30pm, 10 weeks

CLASSES FOR YOUNG ADULTS:  
13–18 YEAR-OLDS

Learn the fundamental techniques of stage acting: using your voice, body, and mind to pursue objectives, overcome obstacles, create characters and scenes, and work as an ensemble. Students also gain a working knowledge of basic acting theory and terminology. These classes are open to new and returning students. During the summer, students should plan on enrolling in one of our full ensemble production drama camps.

Acting for Young Adults:  
Musical Theatre

AGES 13–18  
**Devon Buchanan-Marrero**

Become a triple threat: learn to sing, dance, and act—all at the same time. Class focuses on performance skills, such as acting on the words, stage presence, choreography, vocal technique and proper use of voice. Students collaborate with instructor and fellow musical theatre students to showcase polished contemporary performance pieces from some of today’s most popular Broadway hits. Come and learn how to be a triple threat and have a great time too.

**Tuition \$265**  
(XT23) Thurs., Sept. 14–Nov. 30 (no class 10/5 & 11/23), 6:00–8:00pm, 10 weeks

CLASSES FOR ADULTS:

Basic Acting

FOR ADULTS  
**Jesse Collett**

This course is designed for adult beginning actors. We explore basic acting techniques and approaches from various theatre practitioners. Students select material for scene work and monologues from contemporary plays with support from the instructor. Students explore rehearsal techniques with scene partners and learn about script analysis and character development along the way. Join us for this enjoyable exploration of acting.

**Supply List:** Please bring pencil, paper and folder.  
**Tuition \$240**  
(AT13) Mon., Sept. 11–Nov. 13, 6:00–8:00pm, 10 weeks

Improvisation:  
Find Your Fun

FOR ADULTS  
**Ben Winter**

Learn the basics of improvisational acting and comedy in this fun and energetic class designed to help you improve your ability to live in the moment, loosen up and connect more with others in a fun and supportive environment. Improvisational theatre games aren’t just for actors or comedians, they are also a great way to shake off stress, overcome shyness, heighten your sense of playfulness and access your natural creativity. No matter what your skill level, this class introduces you to a variety of improvisation games and gives you a chance to practice them with others. Join us, have fun and learn a great life skill at the same time. All that’s needed is an adventurous spirit and willingness to have a great time. Class culminates with a low-key showcase for friends and family members on the final week. (Note: this is not a stand-up comedy class).

**Supply List:** Please a water bottle and snack if desired  
**Tuition \$150**  
(AT11) Tues., Sept. 12–Oct. 17, 6:00–8:00pm, 6 weeks

Private Acting Lessons

AGES 7–ADULT  
**Gretchen Gaborik**

If you are looking for an intensive one hour acting lesson—these private, individual coaching sessions are just the ticket. Individual coaching can quickly prepare actors for their most challenging auditions as well as deepen their understanding of the studio environment. Lessons are designed for individual needs. Emphasis is on, but not limited to voice, movement, improvisation, musical technique and audition monologues. Perfect for college application auditions or getting back into acting. All levels welcome.

*This is not a class but a chance to set up an individual one hour private coaching appointment.*  
**Tuition \$90/one hour appointment**  
Individual one hour appointments available between Sept. 11 and Nov. 18.  
(AT12) Sept. 11 to Nov. 18





# art for ageless adults

At the Arvada Center creativity, exploration, and self-expression know no age. One of the greatest myths is that creativity is only for the gifted few, and even then, talent dims with age. In reality, creativity is for everyone, at any age. Our Arts for Ageless Adults classes are especially for adults age 55 and over, but are open to students of any age. These classes provide inspiration for the mature creative spirit and encouragement for discovering new artistic explorations. Now is the time to explore that artistic venture you have always dreamed about.

## Clay for Ageless Adults

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS

**Bradley Sweatt**

Come and learn the basics of clay or add to your existing knowledge. This beginning through intermediate class teaches students hand-building techniques. Depending on your interests, you can create anything from tableware to sculpture. This is a great opportunity to discover and express your creativity with clay. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC87) Tues., Sept. 12–Oct. 10, 1:00–4:00pm, 5 weeks

(AC88) Tues., Oct. 17–Nov. 14, 1:00–4:00pm, 5 weeks

**\*Clay tools and clay can be purchased at the Center for approx. \$40**

## Writing Family History and Memoir

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS

**Joey Porcelli**

This class is intended for writers to capture highlights or meaningful moments of their past and share them with the next generation, publish them as a personal memoir, or simply write for the sheer joy of recording their life stories. As members of a small intimate group, students practice free writing in class, do weekly assignments and submit pages for critique in a positive and friendly environment. Each individual is asked to team up with another writer to edit and revise their work. All skill levels welcome, but students must be computer literate to receive class materials and share their work.

**Supply List:** Please bring a one-page essay about your favorite teacher and what that person meant to you to the first class

**Tuition \$150**

(AH03) Tues., Sept. 26–Oct. 31, 9:30–11:30am, 6 weeks

## Ballet for Ageless Adults

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS

**Session A & C: Jennifer Irwin**

**Session B & D: Christina Noel**

Basic ballet movements gently combine with stretching and balancing exercises to enhance flexibility and freedom of movement. Perfect for those who have always wanted to try ballet or for anyone interested in a gentle and fun dance class. No previous dance experience is necessary

**Tuition \$160, \$20 drop in class**

Session A: (AD401) Tues., Aug. 22–Oct. 24, 10:30–11:30am, 10 weeks

Session B: (AD402) Fri., Aug. 25–Oct. 27, 3:00–4:00pm, 10 weeks

Session C: (AD501) Tues., Oct. 31–Jan. 16 (no class 12/26 & 1/2), 10:30–11:30am, 10 weeks

Session D: (AD502) Fri., Nov. 3–Jan. 19 (no class 12/29 & 1/5), 3:00–4:00pm, 10 weeks

## Tap I for Adults

ADULTS

**Sarah Della Fave**

This is an introductory class for adults to learn the basics of tap dancing in a simple format that builds slowly from week to week using a slow pace and lots of repetition. The class is also suitable as a refresher for adults who may have a little knowledge but who have not danced in some time. Students learn the basics steps in a gentle and supportive atmosphere, and by the end of the session are able to execute them readily. All you need to participate is a pair of tap shoes and comfortable clothes.

**Tuition \$150, \$20 drop in class**

(AD403) Fri., Aug. 25–Oct. 27, 5:15–6:15pm, 10 weeks

(AD503) Fri., Nov. 3–Jan. 19 (no class 12/29 & 1/5), 5:15–6:15pm, 10 weeks

## Tap II for Ageless Adults

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS

**Sarah Della Fave**

This class is designed for the adult tap dancer with some previous experience. Students should be familiar with and able to easily execute basic steps such as shuffles, flaps, brush backs, etc. Students in this class work on technique, progressions, and various time steps in a gentle and supportive atmosphere. Enjoy a good workout while building on your tap dance skills. All you need to participate is a pair of tap shoes and comfortable clothing.

**Tuition \$150, \$20 drop in class**

(AD404) Fri., Aug. 25–Oct. 27, 4:15–5:15pm, 10 weeks

(AD504) Fri., Nov. 3–Jan. 19 (no class 12/29 & 1/5), 4:15–5:15pm, 10 weeks

## Tap III for Ageless Adults

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS

**Sarah Della Fave**

Enjoy a good workout in a supportive atmosphere and progress in your dancing all in one hour. This class is designed for the adult tap dancer with previous tap dance training. Students learn high energy routines built upon their ability level. The only equipment you need is a pair of tap shoes and comfortable clothes.

**Tuition \$150, \$20 drop in class**

(AD405) Tues., Aug. 22–Oct. 24, 2:30–3:30pm, 10 weeks

(AD505) Tues., Oct. 31–Jan. 16 (no class 12/26 & 1/2), 2:30–3:30pm, 10 weeks

***Note: Dance classes that fall on a holiday can be made up in other classes or instructor may schedule a make-up class.***

## Pilates for Ageless Adults

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS

**Heather Fritz-Abarro**

This Pilates class is mat work-based, focusing on strength and balance. Pilates mat work, yoga and functional movement are blended together in a thoughtful mix to make for an energizing experience.

**Supplies:** Please bring a thick exercise mat and a hand towel to class.

**Tuition \$150, \$20 drop in class**

(AD406) Wed., Aug. 23–Oct. 25, 10:00–11:00am, 10 weeks

(AD506) Wed., Nov. 1–Jan. 17 (no class 12/27 & 1/3), 10:00–11:00am, 10 weeks

## Great Fun with Great Music

ADULTS

**Marc Shulgold**

An informal but informative journey into classical music, designed for the beginner as well as the concert hall veteran. Each class session explores a different topic, featuring numerous music examples and the no-nonsense and occasionally witty comments from longtime Arvada Center instructor Marc Shulgold. Learn about the men and women who created all those beloved pieces, as we delve into their lives and their music. No prior knowledge required.

**Tuition \$115**

(AM20) Sat., Sept. 23–Oct. 7, 9:30–11:30am, 3 weeks

## Watercolor Magic



DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS

**Kathleen Lanzoni**

Join the fun of painting with watercolor together, step by step. In this class, we learn watercolor techniques. By applying these techniques, student paint a variety of subjects including landscape, flowers and animals. This virtual class is perfect for beginners. Join the world of watercolor magic.

**Supply List** will be mailed prior to class

**Tuition \$200**

(AV43) Tues., Sept. 12–Oct. 17 (no class 9/26), 9:30am–12:00Noon, 5 weeks



## The Joy of Art Making

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS

**Wendy Satsky**

Pablo Picasso said “Every child is an artist. The problem is how to remain an artist once we grow up”. In this three class series, students rediscover the freedom to create art with a childlike heart using watercolor media, inks, brushes and pens. Teacher demos and patient, guided instruction of painting and calligraphy techniques designed for success builds the student confidence needed to complete small poetic paintings and meaningful art books. This class is guaranteed to inspire and rekindle the joy of making art with less self-criticism and judgement. All levels of artistic abilities are welcome.

**Supply List** will be mailed prior to class

**Tuition \$140**

(AV44) Mon., Oct. 2–Oct. 16, 1:00–4:00pm, 3 weeks

## Creating Art Books as a Legacy of Your Life

DEVELOPED FOR AGES 55+ BUT OPEN TO ALL ADULTS

**Wendy Satsky**

Students begin this workshop by being present to the wisdom and beauty of their own lives. By turning inward, asking questions, and journaling, students excavate meaningful jewels from their life experiences for art content. Combined with selected watercolor painting and calligraphy methods and techniques, students learn the process of completing a series of small personal art books to share with loved ones. All materials for the class provided.

**Supply List:** Bring a sack lunch

**Tuition \$120 + \$10 materials fee paid to instructor**

(AV45) Sat., Nov. 11, 9:00am–4:00pm



ArtStart Collage

FOR AGES 3 & 4  
**Amber Lawson**  
The Arvada Center offers a unique interdisciplinary arts class for preschool age children. Two mornings per week, our instructor presents experiences in creative dramatics, music, visual arts and movement. A wide variety of materials and techniques are used and taught. Class emphasizes building self-confidence and cultivating expression in a creative environment.

**Tuition \$250**  
**(This includes a \$30 material fee)**

(YS15) Tues. & Thurs., Sept. 12–Nov. 16,  
9:00–11:00am, 10 weeks

**A \$50 non-refundable deposit holds a space for your child, and the balance is due by the first class.**

*See page 16 for ArtStart Dance*



CLASSES FOR YOUTH

Hands on Clay

AGES 6–12  
**Jackie Cassidy**  
Making things with clay is fun, and doing so in this class includes drawing, painting and learning to design. Discover how to see and use the elements of art: line, shape, form, texture and color when we visit galleries, talk about exhibits and translate what we learn into our own work in clay. Self-confidence blooms in this creative environment.

**Supply List:** All materials, tools and clay are provided. Wear old clothes and bring a large paint shirt and a snack.

**Tuition \$95**

(YC17) Mon., Sept. 11–Oct. 9, 4:00–5:30pm,  
5 weeks

(YC18) Mon., Oct. 16–Nov. 13, 4:00–5:30pm,  
5 weeks



Parent/Child Pottery

AGES 6–13, PLUS ADULT  
**Patricia Cronin**  
Parents (or other adults) join with children to work on a variety of clay projects that may include, but are not limited to, musical instruments, family portraits, whimsical sculptures or functional pieces and tableware. Have fun and spend time together learning the basics of clay in a creative and stimulating environment. See information on purchasing clay and tools.\*

**Supply List:** Wear old clothes and bring a paint shirt. Most materials provided; students must provide clay and tools.

**Tuition \$144**  
**(each additional child or adult \$72)**

(YC19) Sat., Sept. 16 – Oct. 14, 9:00–11:00am,  
5 weeks

(YC20) Sat., Oct. 21–Nov. 18, 9:00–11:00am,  
5 weeks

**\*Clay tools and clay for beginners can be purchased at the Center for approx. \$40**

DAY CLASSES FOR ADULTS

Handbuilding

ADULTS  
**Megan Ratchford**  
This course is designed to accommodate all skill levels. Beginning students learn hand building techniques including pinch, slab and coil methods of construction. Students with previous experience in clay expand on their basic skills and gain further knowledge of clays, firing and surface treatments. Learn through discussion and hands-on experience the techniques used throughout history. This class encourages students to keep a journal of their clay experience. See information on purchasing clay and tools.\*

**Tuition \$160**  
**(includes \$20 glaze and firing fee)**

(AC89) Tues., Sept. 12–Oct. 10, 9:30am–  
12:30pm, 5 weeks

(AC90) Tues., Oct. 17–Nov. 14, 9:30am–12:30pm,  
5 weeks

Introduction to the Potter's Wheel

ADULTS  
**Heidi Meissner**  
Designed for the beginning throwing student, this course covers the basics of working with the potter's wheel. Learn to wedge clay, center and throw basic forms. Also included is an overview of the various clay bodies, surface decoration and firing methods. Students should have previous clay experience equivalent to five weeks of Beginning with Clay. See information on purchasing clay and tools.\*

**Tuition \$160**  
**(includes \$20 glaze and firing fee)**

(AC91) Wed., Sept. 13–Oct. 11, 1:00–4:00pm,  
5 weeks

(AC92) Wed., Oct. 18–Nov. 15, 1:00–4:00pm,  
5 weeks

*See page 6 for Clay for Ageless Adults*



DAY CLASSES FOR ADULTS (CONT.)

Intermediate Throwing on the Wheel

ADULTS

**Lynn Hull**

This pottery wheel class is designed for students who can center, throw a cylinder and bowl and wish to expand their knowledge of new clay forms or larger forms using larger amounts of clay. Instruction on technical skills needed to make lids and make them fit, making good spouts that pour well, and new forms are demonstrated. Students are encouraged to develop their own style through form and finishing. Decorative techniques and glazing are included. Pieces will be finished and fired using cone 10 reduction. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC93) Tues., Sept. 12–Oct. 10, 1:00–4:00pm, 5 weeks

(AC94) Tues., Oct. 17–Nov. 14, 1:00–4:00pm, 5 weeks

Sculpture

ADULTS

**Bradley Sweatt**

Students in this class learn a variety of handbuilding and sculpture techniques, including coil, pinch, and slab, to create sculpture. Various forms of glazing and finishing techniques are discussed and demonstrated, including low-fire, high fire reduction and raku. Students of all skill levels are welcome. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC95) Thurs., Sept. 14–Oct. 12, 1:00–4:00pm, 5 weeks

(AC96) Thurs., Oct. 19–Nov. 16, 1:00–4:00pm, 5 weeks

Advanced Throwing

ADULTS

**Lynn Hull**

Continue to advance your throwing skills and refine your techniques in this class designed for the student who has mastered the basics of throwing on the wheel. Techniques may include creating lidded forms, altering forms, and more. Firing will be by Cone 10 reduction. See above information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC97) Mon., Sept. 11–Oct. 9, 1:00–4:00pm, 5 weeks

(AC98) Mon., Oct. 16–Nov. 13, 1:00–4:00pm, 5 weeks



EVENING CLASSES FOR ADULTS

Beginning with Clay

ADULTS

**Bradley Sweatt**

This introduction to hand-built pottery explores the amazing versatility of clay. This class is designed for the clay beginner and focuses on hand building skills such as pinch, coil and slab methods. Students also receive an introduction to surface decoration and firing possibilities and gain an understanding of the basic vocabulary of working with clay. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC99) Mon., Sept. 11–Oct. 9, 6:30–9:30pm, 5 weeks

(AC100) Mon., Oct. 16–Nov. 13, 6:30–9:30pm, 5 weeks

**\*Clay tools and clay can be purchased at the Center for approx. \$40**

Introduction to the Potter's Wheel

ADULTS

**Heidi Meissner**

Designed for the beginning throwing student, this course covers the basics of working with the potter's wheel. Learn to wedge clay, center and throw basic forms. Also included is an overview of the various clay bodies, surface decoration and firing methods. Students should have previous clay experience equivalent to five weeks of Beginning with Clay (see above). See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC101) Wed., Sept. 13–Oct. 11, 6:30–9:30pm, 5 weeks

(AC102) Wed., Oct. 18–Nov. 15, 6:30–9:30pm, 5 weeks

EVENING CLASSES FOR ADULTS (CONT.)

Beginning Throwing: Level II

ADULTS

**Heidi Meissner**

This class is for the student who has had an introduction to throwing on the potter's wheel and wants to continue to develop their basic knowledge and technique. This is also a great class for someone who has had previous experience on the wheel years ago, and wants to refresh their skills. Instruction focuses on throwing basic forms, such as cylinders, cups and bowls. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC103) Mon., Sept. 11–Oct. 9, 6:30–9:30pm, 5 weeks

(AC104) Mon., Oct. 16–Nov. 13, 6:30–9:30pm, 5 weeks

Handbuilding

ADULTS

**Megan Ratchford**

This course is designed to accommodate all skill levels. Beginning students learn hand building techniques including pinch, slab and coil methods of construction. Students with previous experience in clay expand on their basic skills and gain further knowledge of clays, firing and surface treatments. Learn through discussion and hands-on experience the techniques used throughout history. This class encourages students to keep a journal of their clay experience. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC105) Wed., Sept. 13–Oct. 11, 5:30–8:30pm, 5 weeks

(AC106) Wed., Oct. 18–Nov. 15, 5:30–8:30pm, 5 weeks

Advanced Handbuilding

ADULTS

**Bradley Sweatt**

This class is designed for advanced level students. Learn both hard slab and soft slab construction techniques to create anything from sculpture to functional vessels. This class focuses on the technical aspects of slab building as well as assisting each student in finding and developing their own personal direction in clay. In addition, surface texture and glazes are discussed and demonstrated. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC107) Tues., Sept. 12–Oct. 10, 6:30–9:30pm, 5 weeks

(AC108) Tues., Oct. 17–Nov. 14, 6:30–9:30pm, 5 weeks

Intermediate Throwing on the Wheel

ADULTS

**Heidi Meissner**

This class is designed for students who have previous wheel-throwing experience and wish to expand their skills. Instruction focuses on improving the technical skills needed to develop each student's own, unique style. Discussion of form, decorative techniques and glazing are covered. Firing will be by Cone 10 reduction

**Supply List:** Please bring a notebook to class. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC109) Thurs., Sept. 14–Oct. 12, 6:30–9:30pm, 5 weeks

(AC110) Thurs., Oct. 19–Nov. 16, 6:30–9:30pm, 5 weeks

Advanced Throwing

ADULTS

**Steven Wood**

Students get an in-depth look at wheel-thrown pottery with an emphasis on form and volume. Firing will be by Cone 10 reduction. Class accommodates a range of abilities and interests of students who have mastered the basics of the wheel, while emphasizing individual processes and discovering personal styles. See information on purchasing clay and tools.\*

**Tuition \$160 (includes \$20 glaze and firing fee)**

(AC111) Tues., Sept. 12–Oct. 10, 6:30–9:30pm, 5 weeks

(AC112) Tues., Oct. 17–Nov. 14, 6:30–9:30pm, 5 weeks

Date Night Clay

ADULTS

**Bradley Sweatt**

Try something new and different with your partner on a Friday night! Our instructor gives you an introduction to the basic steps of working on the pottery wheel and then turns you loose to make your own pots. Wear or bring clothes that you don't mind getting dirty, and show up ready to have some fun. Tools are provided, as well as 5lbs of clay per person. Each student gets to keep one of their pots from the evening, which our expert staff will glaze and fire for you. Your creations can be picked up about three weeks after your class.

**Tuition \$100 per couple**

(AC113) Fri., Sept. 15, 7:00–9:00pm, one evening

(AC114) Fri., Oct. 13, 7:00–9:00pm, one evening

(AC115) Fri., Nov. 17, 7:00–9:00pm, one evening

**\*Clay tools and clay can be purchased at the Center for approx. \$40**

*CERAMICS continued, next page*





LATE FALL WORKSHOPS

Glazing Thrown Forms

FOR ADULTS  
**Heidi Meissner**

Learn all about the Arvada Center's large selection of high fire glazes in this four week workshop. Students have the opportunity to throw pieces for glaze testing in week one and week three, and focus on glazing techniques during the second and fourth class. Heidi Meissner shares her knowledge of our glazes, and application methods including pouring, dipping, and brushing. Learn tricks and techniques to get consistent results from glazes. See information on purchasing clay and tools.\*

**Tuition \$128**

(AC116) Mon., Nov. 27–Dec. 18, 1:00-4:00pm, 4 weeks

Handbuilding

FOR ADULTS  
**Megan Ratchford**

This course is designed to accommodate all skill levels. Beginning students learn handbuilding techniques including pinch, slab and coil methods of construction. Students with previous experience in clay expand on their basic skills, and gain further knowledge of clays, firing and surface treatments. Learn through discussion, and hands on experience, the techniques used throughout history. This class encourages students to keep a journal of their clay experience. See information on purchasing clay and tools.\*

**Tuition \$128**

(AC117) Tues., Nov 28–Dec. 19, 9:30am–12:30pm, 4 weeks

Out of Round

FOR ADULTS  
**Lynn Hull**

Learn to combine throwing, altering and hand building methods to create sculptural and functional forms. This workshop is designed for the intermediate to advanced student, with experience in either handbuilding or throwing. Discussion of form, decorative techniques and glazing are covered. Firing is by cone 10 reduction. See information on purchasing clay and tools above.\*\*

**Tuition \$128**

(AC118) Tues., Nov 28–Dec. 19, 1:00PM–4:00pm, 4 weeks

Funk Art Self Portraits

FOR ADULTS  
**Bradley Sweatt**

Express yourself, literally, in this four-week workshop! Using hollow construction techniques students create a self-portrait bust, in the tradition of Robert Arneson, the grandfather of Funk Art. Learn gestural sculpture techniques to create a sculpture of your inner, or outer self, drawing on your sense of humor, satire and self-reflection. See information on purchasing clay and tools.\*

**Tuition \$128**

(AC119) Thurs., Nov. 30–Dec. 21, 1:00-4:00pm, 4 weeks

Plates and Platters

FOR ADULTS  
**Heidi Meissner**

Focus on mastering plates and platters in this 4 week workshop designed for intermediate to advanced throwing students. Learn how to avoid common issues such as warping and cracking. Instruction includes decoration techniques such as stencils, brushwork, carving and texture. Firing is by cone 10 reduction. See above information on purchasing clay and tools. \*\*

**Tuition \$128**

(AC120) Mon., Nov. 27–Dec. 18, 6:30-9:30pm, 4 weeks

Keep it Wheel

FOR ADULTS  
**Steven Wood**

Join Steven Wood for this workshop designed to keep your throwing skills up to speed through the holiday season. Firing is by cone 10 reduction. This workshop is for intermediate to advanced level throwing students. See information on purchasing clay and tools.\*

**Tuition \$128**

(AC121) Tues., Nov. 28–Dec. 19, 6:30–9:30pm, 4 weeks

**\*Clay tools and clay can be purchased at the Center for approx. \$40**

Ask Megan

FOR ADULTS  
**Megan Ratchford**

This workshop is a guided Independent Study with our Artist in Residence, Megan Ratchford. Complete hand built or thrown projects that you have in mind, with expert advice from Megan, in construction techniques, surface treatments and glazing. See information on purchasing clay and tools.\*

**Tuition \$128**

(AC122) Wed., Nov. 29–Dec. 20, 5:30–8:30pm, 4 weeks

Raku Firing

FOR ADULTS  
**Bradley Sweatt**

Learn about, and participate in, the exciting raku firing process during this 4 week workshop. This workshop is designed for students with previous experience in either handbuilding or throwing. Demonstration and instruction focuses on making forms that are appropriate for this firing method, glazing, and the Raku firing process. See information on purchasing clay and tools.\*

(AC123) Thurs., Nov. 30–Dec. 21, 6:30–9:30pm, 4 weeks

FALL 2023 OPEN STUDIO HOURS

Monday: 9:00am–12:00pm

Tuesday: 9:00am–12:00pm

Wednesday: 9:00am–12:00pm

Thursday: 9:00am–12:00pm

Friday: 9:00am–12:00pm, 12:15–3:15pm, and 3:30–6:30pm

Saturday: 9:00am–12:00pm, 12:15–3:15pm, and 3:30–6:30pm

**Students must sign-up for Open Studio sessions. A sign-up sheet will be sent to students before each 5-week class.**

dance

The Arvada Center has an almost fifty-year tradition of excellent technical dance training. We believe in bringing the most up to date dance medicine science and dance psychology into our classes so that our students learn correctly from the very beginning and learn in a positive and nurturing environment. Our staff is professional and highly qualified to teach the art of dance and all students are taught with the same high standards whether they are in the General Dance classes, working through levels of the Dance Academy, members of the performing company, or adults returning to dance. After training at the Arvada Center, our alumni often receive partial to full ride dance scholarships at prestigious dance conservatories around the country and abroad. Arvada Center dance alums are well represented in the dance world and can be found dancing on Broadway, principles with major companies, free-lance artists, artistic directors of their own dance companies, dance educators and choreographers.

ARVADA CENTER DANCE ACADEMY INFORMATION

Academy classes are for dancers from age 6-19 who are seeking progressive training based upon a syllabus. Dancers in this track train between 1 and 5 days a week and are offered ballet, modern, hip hop, tap and jazz classes. Prospective students must audition to be admitted to classes in level II and up.

DANCE ACADEMY SCHEDULE

**Fall Session (20 Weeks)**

**August 21, 2023–January 21, 2024 (no class 9/4–Labor Day and 11/23–Thanksgiving)**

**Break: December 25, 2023–January 6, 2024**

Classes that are scheduled on a holiday can be made up in other classes or instructor may schedule a make-up class.

DANCE ACADEMY PRICING

Pricing for all Academy classes is based on the number of classes students take per week. Please see class descriptions for recommendations as to the number of classes students should take for their level. Prices are charged per student not per family. General dance classes are not included in this pricing structure, those classes must be paid for separately. ACDT rehearsals are mandatory for company members and company members pay for only one of their company rehearsal classes.

**Price per 20-week Fall session:**

**1 class per week \$302**

**2 classes per week \$600**

**3 classes per week \$880**

**4 classes per week \$1,012**

**5 classes per week \$1,133**

**6 classes per week \$1,254**

**7 classes per week \$1,375**

**Each additional academy class over 7 – \$160 per class**

**Drop-in classes – \$20 per class**

Limited scholarship support is available. Application and deadline information is available at the Box Office.

ATTIRE FOR DANCE ACADEMY AND GENERAL DANCE CLASSES

**TOTS, KINDER DANCE & PRE-BALLET:**

All children should have ballet, jazz or tap shoes. Girls need a leotard and tights, dance skirts and sweaters are acceptable, if the child's hair is long, it should be pulled into a pony tail. Boys wear athletic shorts and a t-shirt.

**TAP**

Dance clothes and tap shoes

**BALLET**

**Females:** solid colored leotard, pink, black or tan tights and pink ballet shoes, short ballet skirt may be worn for the center work, and hair secured in a bun.

**Males:** Fitted t-shirt, athletic shorts or black tights and black ballet shoes.

**JAZZ AND MODERN**

**Females:** solid colored leotard, jazz pants or black tights and boy shorts, and jazz shoes. Long hair should be pulled up and out of face.

**Males:** jazz pants or athletic shorts, fitted t-shirt and jazz shoes.

**Modern** is the same attire except dancers are bare foot or may wear foot thongs.

**HIP HOP**

Athletic clothes and clean sneakers. Long hair should be pulled up and out of face.

ARVADA CENTER DANCE THEATRE

The Arvada Center Dance Theatre is the student performing troupe of the Academy. Students in levels III–V audition each spring to be part of this troupe. If accepted, Company dancers rehearse 2–3 times a week and perform in 3 dance concerts a year plus several community outreaches each season.

ARVADA CENTER DANCE THEATRE FALL CONCERT

**Performed on the Arvada Center Black Box Theatre**

Friday, Dec. 1, 7pm and Saturday, Dec. 2pm

**Tickets \$15**

GENERAL DANCE CLASSES INFORMATION

The General Dance Program is for active young children and adults who love to dance and are looking for a friendly environment and fine teachers. This program is structured in 10 week sessions throughout the school year and can be a stepping stone for entering the Academy program. Students should contact the Dance Coordinator at 720.898.7237, if they are unsure of their level of placement.

GENERAL DANCE CLASS SCHEDULE

**Early Fall Session (10 Weeks)**

**August 21, 2023–October 29, 2023 (no class 9/4 – Labor Day)**

**Late Fall Session (10 Weeks)**

**October 30, 2023–January 21, 2023 (no class 11/24 – Thanksgiving)**

**Break: December 25, 2023–January 7, 2024**

Classes that are scheduled on a holiday can be made up in other classes or instructor may schedule a make-up class.

A NOTE ABOUT TAKING PICTURES OR VIDEO

Patrons are not allowed to take pictures or videos of any dance class through the windows or at the studio doors. Pictures and videos may be taken only during the last class of the session if the parents are invited into the studio to observe class.

DANCE ACADEMY AND GENERAL DANCE CLASS INSTRUCTORS

Rosee Anderson, Taylor Coniglio, Peter Davison, Sarah DellaFave, Angela Dryer, Heather Fritz-Abarro, Lisi Elsey, Jennifer Irwin, Emily Hoch-Windus, Elena Kramda, Kathryn Lanning, Lena Murphy-Colm, Christina Noel, Samiyah Lynnice, Pablo Rodarte, Ashi Smythe, and Blake Vanderploeg; Pianist: Stephanie Vinton

*DANCE continued, next page*

ARVADA CENTER DANCE ACADEMY

Level I

FOR AGES 6–9  
Dancers learn the basic warm ups, stretches, simple jumps and connecting steps that are specific to ballet, jazz, or tap. These beginning classes lay a solid foundation that are built upon as the dancer progresses. The Saturday 9:15am class is more advanced and requires teacher approval.

**Tuition per class as listed on page 13 \$20 drop in class**

Level I Dance Academy Offerings		
Ballet	Jazz	Tap
Wednesday I 4:30–5:30pm (XD901)	Monday 4:45–5:45pm (XD904)	Thursday 5:00–6:00pm (XD905)
Saturday I 9:15–10:15am (XD902)		
Saturday I 9:45–10:45am (XD903)		

Level II

FOR AGES 8–12  
At this level of training dancers focus on steps that transition weight, stability, musicality, and building dance vocabulary specific to each technique. Dancers learn a variety of turns, jumps and traveling steps that challenge and develop coordination. At this level of ballet, students should take 2 classes per week. Tuesday ballet is advanced and requires teacher approval.

**Tuition per class as listed on page 13 \$20 drop in class**

Level II Dance Academy Offerings		
Ballet	Jazz	Modern
Tuesday II 4:30–5:45pm (XD906)	Monday 4:15–5:30pm (XD909)	Saturday 9:00–10:15am (XD910)
Thursday II 4:15–5:30pm (XD907)	Tap Wednesday 5:00–6:00pm (XD911)	Hip Hop Thursday 5:30–6:30pm (XD912)
Saturday II 10:15–11:30am (XD908)		

Level III

FOR AGES 10–13  
Dancers at this level increase their dance vocabulary and the ability to memorize dance sequences. Development of strength, alignment, proper execution of steps, development of continuity in their dancing are all part of all level III training. Dancers in ballet are required to take at least 2 ballet classes per week, however, 3 are recommended. Students are also encouraged to train in more than one discipline. Towards the end of level III ballet training students begin to prepare for pointe work. Thursday is more advanced and requires teacher approval.

**Tuition per class as listed on page 13 \$20 drop in class**

Level III Dance Academy Offerings		
Ballet	Jazz	Modern
Monday III 4:15–5:45pm (XD913)	Monday III 5:45–7:15pm (XD917)	Tuesday 5:45–7:15pm (XD919)
Wednesday III 4:30–6:00pm (XD914)	Wednesday III 6:00–7:30pm (XD918)	Tap Thursday 6:00–7:00pm (XD920)
Thursday III 4:45–6:15pm (XD915)		Hip Hop
Saturday III 10:45am–12:15pm (XD916)		Friday 4:45–6:00pm (XD921)

Academy Extras	
Academy Pilates	Boyz Dance
Saturday 10:15–11:15am (XD934)	Friday 6:15–7:15pm (XD935)
ACDT Junior Company Rehearsals	
Saturday 11:15am–12:15pm (XD936)	
Saturday 12:30–1:30pm (XD937)	

Level IV

FOR AGES 13–15  
Dancers at this level work on more complex footwork and increased dance vocabulary. Close attention is paid to proper alignment, attention to detail and style in all aspects of training. This level of Jazz class includes work on lyrical and contemporary dance. Dancers are required to take 3 ballet classes per week. It is recommended that students study more than one dance discipline. Dancers are promoted to pointe work as their technique and bodies are ready for the challenge. The Friday ballet class is dedicated to beginning pointe work.

**Tuition per class as listed on page 13 \$20 drop in class**

Level IV Dance Academy Offerings		
Ballet	Jazz	Modern
Monday 5:45–7:15pm (XD922)	Friday 6:00–7:30pm (XD926)	Tuesday 4:30–6:00pm (XD927)
Tuesday 6:00–7:30pm (XD923)		Thursday 7:00–8:30pm (XD928)
Wednesday 6:00–7:30pm (XD924)		Hip Hop
Friday 4:30–6:00pm (XD925)		Tuesday 7:30–9:00pm (XD939)

Academy Extras	
Academy Pilates	Boyz Dance
Saturday 10:15–11:15am (XD934)	Wednesday 6:15–7:15pm (XD935)
ACDT Junior Company Rehearsals	ACDT Senior Company Rehearsals
Saturday 11:15am–12:15pm (XD936)	Wednesday 7:30–8:45pm (XD938)
Saturday 12:30–1:30pm (XD937)	Friday 7:30–8:45pm (XD940)
	Saturday 11:30am–12:30pm (XD941)
	Saturday 1:00–4:30pm (XD942)

Level V

FOR AGES 14–18  
Dancers train at a pre-professional level and are required to take at least 3 ballet classes per week. Students are also encouraged to cross train. Classes focus on neat foot work, multiple turns, presentation, speed and accuracy. In jazz classes, dancers learn contemporary and lyrical styles of dance as well as classical jazz. This level prepares students to dance at the University level or pre-professionally.

**Tuition per class as listed on page 13 \$20 drop in class**

Level V Dance Academy Offerings		
Ballet	Jazz	Modern
Tuesday 6:00–7:30pm (XD929)	Monday 7:15–8:45pm (XD932)	Wednesday 5:30–7:00pm (XD933)
Thursday 5:30–7:00pm (XD930)		Hip Hop
Friday 6:00–7:30pm (XD931)		Tuesday 7:30–9:00pm (XD939)

Academy Extras	
Academy Pilates	
Saturday 10:15–11:15am (XD934)	
ACDT Senior Company Rehearsals	
Wednesday 7:30–8:45pm (XD938)	Saturday 11:30am–12:30pm (XD941)
Friday 7:30–8:45pm (XD940)	Saturday 1:00–4:30pm (XD942)

ACADEMY EXTRAS

Pilates for Dancers

OPEN TO LEVELS III–V  
**Heather Fritz-Abarro**  
This is a classical Pilates method mat class geared towards dancers who are looking to improve the quality of their dancing no matter what style of dance they practice. Students learn the classical mat repertoire with adjustments for a dancer's special needs which increases core strength, balance and coordination. Some of the benefits of Pilates for dancers include: improved foot, leg and arm strength and alignment, proper hip turn out, decreased joint and ligament stress, decreased muscle strain and elimination of muscle gripping. Pilates is a wonderful way to start out a busy day of dancing.  
(XD934) Saturdays, 10:15–11:15am

Academy Hip Hop

OPEN TO LEVELS III–V  
**A. K. Smythe**  
This class is geared towards dancers with several years of formal training. Choreography that is challenging, varied in style and fast paced is the focus of this class. Dancers need teacher approval or must be at Academy level III or higher to participate in this class.  
(XD939) Tuesdays, 7:30–9:00pm

Boyz Dance

FOR AGES 8–14  
**Peter Davison**  
This specialty class is back by popular demand, taught by Peter Davison who is a recipient of the 2009 Ballet Builders Award for Choreography in New York City. Created by Peter for the boys of Boulder Ballet, he incorporates dance technique specific to male dancers, circus skills and prop manipulation among other skills that are fun for boys to learn.  
**Tuition: \$220 for 10 classes, \$24 drop in class**  
(XD935) Friday, Sept. 15–Nov. 17, 6:15–7:15pm, 10 weeks

Academy Tap

OPEN TO LEVELS I–III  
Dancers build on basic tap skills and incorporate progressively complex rhythms and speed into their tap technique, working in both classical Broadway style tap as well as Rhythm tap in the style of legendary performers Savion Glover and Henry LeTang. Each level of tap builds upon the previous level of training. As the dancers refine their sounds, they learn progressively more complex rhythms and routines. In order to participate in tap II or III, dancers must take a placement class.  
Tap I: (XD905) Thurs., 5:00–6:00pm  
Tap II: (XD911) Wed., 5:00–6:00pm  
Tap III: (XD920) Thurs., 6:00–7:00pm

*DANCE continued, next page*





ART START DANCE

Our ArtStart Dance classes are designed to be a mixture of creative movement and rhythm exercises that are the foundations of all dance forms. These classes explore basic dance positions and steps through a variety of exercises, music and make believe. Additionally, children learn class room cooperation and etiquette which prepares them for more structured dance classes as well as how to be spatially aware and safe.

Creative Movement

AGES 3–4  
**Rosee Anderson**  
Through exercises and games that teach basic dance movements, children explore rhythm, develop gross motor skills and explore how their bodies can move. While pretending to be animals or shapes, they learn how to gallop, walk on their toes, melt, swing and jump. This class prepares children for more structured dance steps later. Students must be potty trained and have reached their third birthday.

**Tuition \$120 or \$20 drop in class**

(YD407) Mon., Aug. 21–Oct. 23 (no class 9/4), 4:00–4:45pm  
(YD408) Tues., Aug. 22–Oct. 24, 4:15–5:00pm  
(YD507) Mon., Oct. 30–Jan. 15 (no class 12/25 & 1/1), 4:00–4:45pm  
(YD508) Tues., Oct. 31–Jan. 16 (no class 12/26 & 1/2), 4:15–5:00pm

Pre Jazz

AGES 4–5  
**Lena Murphy-Colm**  
Pre-jazz is a high energy movement class taught to pop music and other upbeat music styles. Dancers learn basic jazz positions of the arms and feet, stretches, and exercises that make them aware of their bodies. Use of imaginative expression helps children learn balance, shapes, rhythms, jumping, and leaping.

**Tuition \$120 or \$20 drop in class**

(YD409) Wed., Aug. 23–Oct. 25, 4:15–5:00pm  
(YD509) Wed., Nov. 1–Jan. 17 (no class 12/27 & 1/3), 4:15–5:00pm

Pre Tap

AGES 4–5  
**Lena Murphy-Colm**  
Young children love the sound taps make, and learning to create rhythms with their feet is the icing on the cake. In pre-tap, students are introduced to five basic sounds of tap, learn about patterns, and discover rhythms.  
**Tuition \$120 or \$20 drop in class**  
(YD410) Thurs., Aug. 24–Oct. 26, 4:15–5:00pm  
(YD510) Thurs., Nov. 2–Jan. 18 (no class 11/23, 12/28 & 1/4), 4:15–5:00pm

Pre-Ballet

AGES 4–5  
**Sessions A & C: Rosee Anderson**  
**Sessions B & D: Jennifer Irwin**  
Pre-ballet is a preparatory class where children learn the five positions of the arms and feet, and basic ballet warm-up exercises and stretches. Through both structured exercises and imaginative activities, dancers practice gross motor skills that require coordination and dexterity. If your little one loves to move to Disney or classical music and role play, then this class is something they will enjoy.

**Tuition \$120 or \$20 drop in class**

Session A: (YD411) Tues., Aug. 22–Oct. 24, 5:00–5:45pm  
Session B: (YD412) Sat., Aug. 26–Oct. 28, 9:00–9:45am  
Session C: (YD511) Tues., Oct. 31–Jan. 16 (no class 12/26 & 1/2), 5:00–5:45pm  
Session D: (YD512) Sat., Nov. 4–Jan. 20 (no class 12/30 & 1.6), 9:00–9:45am



TAP

Adult Tap I/II

FOR AGES 13–ADULT  
**Lena Murp hy-Colm**  
If you are new to tap or rusty in your skills, this class is the perfect fit. Students will practice the five basic tap sounds, learn tap vocabulary, and build upon their rhythm, balance and coordination. Dancers will engage in tap combinations ranging from Broadway tap styles to Rhythm Tap.  
**Tuition \$120, \$20 drop in class**  
(YD413) Wed., Aug. 23–Oct. 25, 7:45–8:45pm  
(YD513) Wed., Nov. 1–Jan. 17 (no class 12/27 & 1/3), 7:45–8:45pm

*See page 6 for Tap for Ageless Adults*

JAZZ

Intermediate Adult Jazz

AGES 16–ADULT  
**Sessions A & C: Taylor Coniglio**  
**Sessions B & D: Lena Murphy-Cohn**  
Dancers get stretched out and dance their hearts out in this popular jazz class for adults with more than two years of training. A variety of warm-ups, jazz styles and combinations all make this class constantly new, challenging and exhilarating.  
**Tuition \$150, \$20 drop in class**  
Session A: (AD414) Tues., Aug. 22–Oct. 24, 7:15–8:45pm  
Session B: (AD415) Thurs., Aug. 24–Oct. 26, 7:15–8:45 pm, 10 weeks  
Session C: (AD514) Tues., Oct. 31–Jan. 16 (no class 12/26 & 1/2), 7:15–8:45pm  
Session D: (AD515) Thurs., Nov. 2–Jan. 18 (no class 11/23, 12/28 & 1/4), 7:15–8:45 pm, 10 weeks

BALLET

Beginning Teen/Adult Ballet I

AGES 13–ADULT  
**Taylor Coniglio**  
If you have no ballet background, or took ballet many years ago, then this class is for you. Students work on the fundamentals of ballet, focusing on executing one or two steps at a time. A friendly atmosphere creates a great learning environment for all.  
**Tuition \$160, \$20 drop in class**  
(AD416) Wed., Aug. 23–Oct. 25, 7:00–8:00pm  
(AD516) Wed., Nov. 1–Jan. 17 (no class 12/27 & 1/3), 7:00–8:00pm

Beginning Adult Ballet II

AGES 13–ADULT  
**Christina Noel**  
Dancers who have taken 2 or more years of Adult Ballet I will find this class to be a perfect challenge. At this level dancers learn ballet vocabulary that requires weight transition, stability and balance. As dancers progress they learn to string steps together into simple combinations.  
**Tuition \$170 or \$20 drop in class**  
(AD417) Mon., Aug. 21–Oct. 23 (no class 9/4), 7:15–8:30 pm  
(AD517) Mon., Oct. 30–Jan. 15 (no class 12/25 & 1/1), 7:15–8:30 pm

*See page 6 for Ballet for Ageless Adults*

PILATES

Mat/Conditioning Class

AGES 13–ADULT  
**Lisi Elsey**  
Students work in a variety of ways, including Pilates based exercises and conditioning exercises to gain strength, balance, agility, and power. TheraBands, rollers and other equipment are used to challenge and work the muscle groups differently. Taught by an instructor who has over twenty years teaching experience. Students wear athletic or yoga style clothes and bare feet or socks.  
**Tuition \$150 or \$20 drop in class**  
(AD420) Thurs., Aug. 24–Oct. 26, 7:30–8:30pm  
(AD520) Thurs., Nov. 2–Jan. 18 (no class 11/23, 12/28 & 1/4), 7:30–8:30pm

Intermediate Adult Ballet III

FOR AGES 13–ADULT  
**Lisi Elsey**  
If you danced as a child or teenager, or have several years of ballet training, then this class is a good fit for you. Dancers increase their ballet vocabulary and the ability to memorize longer dance sequences. As dancers progress, they begin to add direction changes and develop the ability to move quicker.  
**Tuition \$170 or \$20 drop in class**  
(AD418) Thurs., Aug. 24–Oct. 26, 6:15–7:30pm  
(AD518) Thurs., Nov. 2–Jan. 18 (no class 11/23, 12/28 & 1/4), 6:15–7:30pm

Advanced Adult Ballet IV

FOR AGES 13–ADULT  
**Lisi Elsey**  
This class is perfect for adults who have many years of ballet training, and those with experience who have taken a hiatus. Dancers practice longer combinations with more complex foot work, turns and changes of direction. A challenging and fun class for those who love the movement and flow of ballet.  
**Tuition \$170 or \$20 drop in class**  
(AD419) Tues., Aug. 22–Oct. 24, 7:30–8:45pm  
(AD519) Tues., Oct. 31–Jan. 16 (no class 12/26 & 1/2), 7:30–8:45pm

Pilates Mat Class

AGES 13–ADULT  
**Heather Fritz-Abarro**  
The essence of Pilates mat work is a series of floor exercises designed to create uniform development, long muscles, core strength and breath control. By focusing on deep core strengthening and stretching, Pilates develops better muscle control, balance, and coordination of movement. Move through the classical Pilates mat repertoire with enhanced awareness of breath, spinal alignment, and control. Be ready to stand taller and find ease of movement in all of your daily activities. This class is great for people new to exercise or those wanting to improve in dance or sports.  
**Supply List:** Bring a thick foam exercise/Pilates mat, comfortable exercise clothes and bare feet.  
**Tuition \$150 or \$20 drop in class**  
(AD421) Mon., Aug. 21–Oct. 23 (no class 9/4), 6:30–7:30pm  
(AD521) Mon., Oct. 30–Jan. 15 (no class 12/25 & 1/1), 6:30–7:30 pm

FLAMENCO

Introduction to Flamenco Dance

AGES 12–ADULT  
**Pablo Rodarte**  
Flamenco dance is a dramatic and exhilarating dance style from southern Spain that is made accessible to all by master teacher Pablo Rodarte. Students learn the basic elements and foundations of this fierce, passionate and rich dance form; including proper body form, rhythmic hand, heel/foot work, turns and the use of castanets. There are many styles of Flamenco, some are artful and expressive, some are bold and boisterous, and still others have connections to classical ballet. With extensive Flamenco performance and teaching experience in Spain and around the world, Mr. Rodarte teaches with a depth of knowledge that makes his classes a joyful cultural adventure.  
**Supply List:** Wear ballet shoes and dance wear. If you have them, please bring a flamenco skirt, beginning flamenco character shoes and castanets.

**Tuition \$165 or \$20 drop in class**

(AD422) Sun., Aug. 27–Oct. 29, 1:30–3:00 pm, 10 weeks  
(AD522) Sun., Nov. 5–Jan. 21 (no class 12/24, 12/31 & 1/7), 1:30–3:00 pm, 10 weeks

Intermediate Flamenco Dance

FOR AGES 13–ADULT  
**Pablo Rodarte**  
Flamenco dancers at this level continue to add to their repertoire with dance sequences and patterns from several Flamenco styles. Students work in the profound and deeply soulful Seguirillas Flamenco style, the artful and rhythmic footwork of Solea Flamenco, Alegrias which is considered the oldest of the Flamenco styles, and the ever popular Tango. Students learn how to perform circular handwork, engage their body so it is well grounded in footwork and turns. Master teacher, Pablo Rodarte, brings excitement, professional experience and passion to the dancers as they learn to play castanets and meld guitar, singing, and Flamenco rhythms in this culturally rich dance class.  
**Supply List:** Bring ballet shoes, dance clothes, including a Flamenco skirt, flamenco character or heeled shoes and castanets.

**Tuition \$165 or \$20 drop in class**

(AD423) Sun., Aug. 27–Oct. 29, 3:00–4:30 pm, 10 weeks  
(AD523) Sun., Nov. 5–Jan. 21 (no class 12/24, 12/31 & 1/7), 3:00–4:30 pm, 10 weeks





The Arvada Center’s Digital Creative Arts Lab (DCAL) is an exciting state of the art lab for students to study digital arts. Below is a listing of our fall workshops. Join us and explore the creative world of digital creativity!

CLASSES FOR YOUNG ADULTS

3D Printing

AGES 9–15  
**Mike Empey**  
Come learn what all of the hype is about in this introductory 3D printing class. During this class students learn everything you need to design and 3D print your own models using both 3Doodler pens and Lulzbot 3D printers to create tangible models. Our models are constructed in the free version of SketchUp and students explore some of the uses and nuances of 3D printing. This is a great class for artist and inventor alike. With this class and enough practice, you'll be a pro in no time.

**Supply List:** All hardware and software is provided.

**Tuition \$205**  
(YL27) Mon., Sept. 11–Oct. 30, 4:30–6:00pm, 8 weeks

Art, Animation and Movie Making

AGES 9–15  
**Mike Empey**  
Students explore various art, animation and movie making techniques utilizing Adobe software. We learn essential art skills using Adobe Photoshop and then explore animation techniques in PiskelApp as well as Adobe Animate. Students explore movie making techniques such as use of green screens, masking and other beginning video making skills primarily using Adobe Premiere. Students also learn how to create title scenes and other video overlays using Adobe After Effects. This is a great course for any student interested in digital art, animation and movie making.

**Supply List:** All hardware and software is provided.  
**Tuition \$205**  
(YL28) Tues., Sept. 12–Nov. 7 (no class 10/31), 5:00–6:30pm, 8 weeks

CLASSES FOR ADULTS

3D Printing

AGES 16–ADULT  
**Mike Empey**  
Join us for this fun and exciting introduction to the world of 3D printing. Students are guided through the process of creating a simple 3D-printable object using a free CAD program and then prepare the file to be printed. Students learn how 3D printing works, how 3D printing is changing design processes and how it is impacting our world. We also learn the fundamentals of a basic CAD program and how to prepare those files to be 3D printed.

**Supply List:** All hardware and software is provided. Note: Students may need to pick up some of their prints after the class has completed. Tuition includes materials fee.

**Tuition \$100**  
(AL29) Sat., Sept. 16, 9:00am–1:00pm

CLASSES FOR MOVIE LOVERS

Movie Love: Appreciating the Cinema as Art

**Walter Chaw**  
This class incorporates screenings of key canonical work with discussions and instruction in basic concepts in interpretation and social contextualization. Histories of the films is provided to allow for analysis of the pictures from a filmmaker's perspective. Students are encouraged to apply their own experience to form a full critique of the films. Films provide a social and personal deep dive into the stories of our lives. Join us for four weeks of film watching and lively, thought provoking discussions. As a group, we may watch Alfred Hitchcock's *Shadow of a Doubt* (1943), Agnes Varda's *Cleo from 5 to 7* (1962), Stanley Donen's *Singin' in the Rain* (1952), and Akira Kurosawa's *Rashomon* (1950).

**Tuition \$140**  
(AH04) Mon., Sept. 18–Oct. 9, 6:30–9:30pm, 4 weeks

CLASSES FOR YOUNG ADULTS

Individual Piano Lessons

AGES 5–ADULT  
**Dr. Linda Pott**  
Piano lessons are for students of all levels, beginners to advanced. Lessons are 30 minutes in length and are scheduled by appointment with instructor between the hours of 4:00–9:00 pm on Mondays. Lesson times may be extended, according to student's interests, for an additional fee. Instruction fosters each student's unique, innate musical aptitude. Students gain exposure to a wide variety of musical styles. Ear training, music theory, composition, listening, and reading skills progress at the student's pace. If you have prior piano experience, please bring music you enjoy, or would like to learn to play. Students need access to a piano or keyboard to practice each day between lessons.  
**Supply List:** Instructor will recommend music literature as needed.

**Tuition \$455 + \$20 (approx.) materials fee paid to instructor**  
(YM21) Mon., Sept. 11–Nov. 13, 10 weeks

CLASSES FOR ADULTS

Individual Voice Lessons

AGES 15–ADULT  
**Nanette West**  
Times arranged with instructor prior to first class. Each individual lesson is 30 minutes in length and is scheduled between 4:30 and 7:30 pm on Wednesdays. Each lesson is structured to build on student's strengths and according to individual needs or requirements. Beginning to advanced students learn or review basic vocal technique including breathing/breath support, relaxation exercises, and more. Various vocal styles are explored and repertoire is geared to the individual's ability and preference. Singers, actors and dancers are encouraged to use this time for individual rehearsal, audition, and performance preparation.

**Tuition \$300 + \$5 materials fee paid to instructor**  
(AM22) Wed., Sept. 13–Nov. 8, 9 lessons

Beginning Hand Drumming

ADULTS  
**Barb Grebowich**  
Have fun drumming with others. Explore cultural rhythms such as African, Latin, Afro Cuban and more. Students learn and practice basic beats and rhythms and celebratory rhythms each class.  
**Supply List:** Bring a djembe, conga, cajon, doumbek or bongos to each class (instructor may provide extra drums and miscellaneous percussion instruments).

**Tuition \$120**  
(AM23) Tues., Sept. 19–Nov. 7, 7:30–9:00pm, 8 weeks







## visual arts

### CLASSES FOR YOUTH

#### Cartooning: Anime and Manga

AGES 9–15  
**Kelli Stark**

The art of Japanese cartooning has a long history and a strong following, and its influence in western media seems to grow by the day. In this class, students delve into the world of sequential art and animation, bringing life to their own ideas and stories through this style. As they learn about the process behind creating anime and manga, as well as how technology has shaped the mediums, students refine their technical drawing skills. Strong emphasis is placed on learning from their favorite artists while developing their own, unique styles, building their confidence and body of work at the same time. Come learn about these exciting art forms in an inspiring and welcoming environment.

**Supply List:** While most materials will be provided, students should bring a sketchbook to develop their ideas.

**Tuition \$155**

(YV69) Tues., Sept. 12–Nov. 14, 4:30–6:00pm,  
10 weeks

### DRAWING

#### Drawing for People Who Think They Can't

ADULTS  
**Chuck Ceraso**

Regardless of how many years people spend telling themselves they can't draw, it's not true. You can! The ability to draw is natural to everyone, not just the "gifted." The key to bringing out that ability lies in the eyes, not the hands. If you can sign your name, you have all of the manual dexterity needed to draw as well as Rembrandt. What remains is to develop the ability to see. Through the concepts of positive and negative space, contour and design (among others), learn the way of "seeing" that unlocks the ability to draw with accuracy and freedom of expression. Experience the stimulation, personal satisfaction and sense of well-being that comes through the process of drawing. The concepts and exercises are given in a way that even children can grasp. You may discover a wonderful pastime that you can enjoy for many years to come.

**Supply List** will be mailed prior to class.

**Tuition \$170**

(AV46) Tues., Oct. 10–Nov. 14, 4:00–6:00pm,  
6 weeks

### PAINTING

#### The Art of Seeing: Developing Greater Skill in Color, Shape and Edge



ADULTS  
**Chuck Ceraso**

If you've always liked the work of Monet and the impressionists, this class is for you! We will do painting exercises first developed by Charles Hawthorne. Hawthorne, Monet's contemporary, started the first school of light and color in the United States in the early 1900s. Ceraso studied with Henry Hensche, Hawthorne's protégée who took over the school when Hawthorne died in 1930. Hensche further developed the teaching methods as well as the impressionist style in his own painting. You will learn to see the three qualities of color and gain an understanding of how light affects the appearance of color. Discover the extraordinary world of light and color.

**Supply List:** will be mailed prior to class.

**Tuition \$170**

(AV47) Wed., Oct. 11–Nov. 15, 4:00–6:00pm,  
6 weeks

#### Painting Wildly Colorful Animals

AGES 14–ADULT  
**Shawn Shea**

Gather up all your creative imaginative painting impulses and join us as we explore painting animals and birds, reptiles and fish in unique ways for your personal artistic expression. Be adventurous and mix up colors you perhaps never felt "worked" in depicting a representational scene. Students address the thought that perhaps the wildest and most expressive paintings are under girded with sound accurate drawing of whatever animal, bird or fish colorfully blazes across their finished canvas. We start with a solid grounding in the basic knowledge and the accurate drawing subject and then explore and exaggerate to create something unique and colorful. This class is for students with some background in drawing or painting.

**Supply List** will be mailed prior to class.

**Tuition \$165**

(AV48) Wed., Sept. 13–Oct. 18, 7:30–9:30pm, 6  
weeks

#### Watercolor and Note Card Workshop

ADULTS  
**Janet Nunn**

A fun and productive workshop featuring watercolors and note cards. Janet leads participants through a fun morning learning how to paint note cards using various watercolor techniques. Demonstrations on how to paint different scenes followed by a chance to try it yourself are also included. Students use watercolor techniques such as using a basting brush, a splatter screen and masking to complete a set of note cards. The workshop is open to artists of all abilities. Bring your watercolor paints, and brushes and the teacher will supply the note cards and various supplies for the different watercolor techniques. Bring a friend and paint the day away making note cards. This class is open to artists of all abilities

**Supply list** will be mailed prior to class.

**Tuition \$120 + \$5 materials fee for of  
10 note cards, envelopes and sleeves**

(AV49) Sat., Oct. 28, 9:00am–3:00pm

#### Painting the Fall Harvest in Watercolor

ADULTS  
**Janet Nunn**

In this class, participants learn to paint the harvest of the fall. We use liquid watercolors and a few fun tools to create a scene of colorful flowers and vegetables at the end of the season. All supplies for this workshop provided for the materials fee. This workshop is open to watercolor painters of all abilities.

**Supply List** will be mailed prior to class.

**Tuition \$120 + \$5 materials fee**

(AV50) Sat., Sept. 16, 9:00am–3:00pm

*Before purchasing supplies, please call  
720-898-7245 to confirm that classes  
will be held as scheduled.*

*VISUAL ARTS continued, next page*



PAINTING (CONTINUED)

Painting Aspen in Acrylics

ADULTS  
**Candace French**  
Learn how to use a palette knife to paint beautiful aspen landscapes. In this one-day workshop, students are guided step-by-step in painting a background of skies, fields or mountains and then add aspen for an amazing acrylic landscape. This workshop is for geared toward beginning and intermediate painters.  
**Supply List:** will be mailed prior to class.

**Tuition \$120**  
(AV51) Sat., Oct. 7, 9:00am-3:00pm

Watercolor Adventures

ADULTS  
**Marilyn Wells**  
Take a journey from traditional techniques to contemporary, modern watercolor painting starting with the basics and moving into more personal and expressive painting. Students learn and review basic watercolor techniques including drawing, wet by dry brushwork, wet-in-wet basic washes and resist techniques. They are guided step by step and complete a painting. This workshop also incorporates the use of poems, music and mindfulness to help students get out of their heads and into their creative selves. Discover the joy of expressive watercolor painting. This workshop is for beginners or watercolorist who want a refreshing review.  
**Supply List:** will be mailed prior to class  
**Tuition \$120 + \$3 materials fee paid to instructor**  
(AV52) Sat., Sept. 30, 9:00am-3:00pm

Watercolor Adventures Part II

ADULTS  
**Marilyn Wells**  
Take a journey from traditional techniques to contemporary, modern watercolor painting starting with a summary of the basics and moving into more personal and expressive painting. Students learn new techniques and then paint three contemporary watercolor paintings. The first two paintings are done step by step with the instructor and the last one is inspired by a master artist. This workshop also incorporates the use of poems, music and mindfulness to help students get out of their heads and into their creative selves. Discover the joy of expressive watercolor painting. This workshop is for advanced beginners and intermediate watercolorists.  
**Supply List:** will be mailed prior to class  
**Tuition \$120**  
(AV53) Sat., Oct. 28, 9:00am-3:00pm

Introduction to Abstract Sumi e Painting

ADULTS  
**Marilyn Wells**  
Learn the ancient art of Sumi e which is Japanese for “ink on paper”. The day begins with learning the basic Sumi e or calligraphic brushstrokes using large Sumi brushes. Students then paint several abstract Sumi e paintings inspired by quotes from both ancient Asian poems and contemporary verse or music. The use of poems, music and mindfulness meditation in this workshop helps students get out of their heads and into their creative selves. Discover the joy of Sumi e abstract painting and leave the workshop with several paintings and a renewed sense of self. Most supplies provided by the instructor to be used during class.  
**Supply List:** Bring a 11 x 17 newsprint pad, a journal, a pen, four paper weight stones to hold paper still, water bottle. All other supplies will be provided by the instructor.  
**Tuition \$120 + \$7 materials fee paid to instructor**  
(AV54) Sat., Sept. 16, 9:00am-3:00pm

Intermediate Abstract Sumi e Painting

ADULTS  
**Marilyn Wells**  
Using the natural world as inspiration, learn the ancient art of Sumi e which is Japanese for “ink on paper”. The day begins with reviewing the basic Sumi e or calligraphic brushstrokes using large and small Sumi brushes. Elements of nature are introduced including trees, rocks, and clouds as well as traditional sumi e elements like wild orchids, plum blossoms and bamboo. Students then paint several abstract Sumi e paintings inspired by quotes from both ancient Asian poems and contemporary verse or music. The use of poems, music and mindfulness meditation in this workshop helps students get out of their heads and into their creative selves. Students also write a personal haiku or prose. Discover the joy of Sumi e abstract painting and leave the workshop with several paintings and a renewed sense of self. Most supplies provided by the instructor to be used during class.  
**Supply List:** Bring a 11 x 17 newsprint pad, a journal, a pen, four paper weight stones to hold paper still, water bottle. All other supplies will be provided by the instructor.  
**Tuition \$120 + \$7 materials fee paid to instructor. A supply list will be sent prior to class for additional supplies needed.**  
(AV55) Sat., Oct. 14, 9:00am-3:00pm

CALLIGRAPHY

Calligraphy, the Art of Beautiful Handwriting, Part 1

ADULTS  
**Wendy Satsky**  
Calligraphy, the art of beautiful handwriting, is a fun and useful way to enrich your life by adding a personal, artistic touch to everyday writing tasks. In this workshop, students learn to use a felt tip calligraphy pen, practice an italic hand and create a greeting card. This class is perfect for beginners to those who would like a review of calligraphy basics. Materials, including pens, ink and paper are provided and kept by students for the materials fee.  
**Tuition \$93 + \$5 materials fee paid to instructor**  
(AV56) Sat., Sept. 23, 9:00am-1:00pm

Calligraphy, the Art of Beautiful Handwriting, Part 2

ADULTS  
**Wendy Satsky**  
Calligraphy is as old as writing itself and endures as a highly respected form of art around the world today. The versatility of calligraphy can be seen as an enhancement to everyday writing tasks, a craft, and a fine art when combined with painting, sculpture, textiles, and printmaking. In this workshop, students learn basic calligraphy skills including preparing and writing with a metal nib pen and liquid ink, the foundational hand, planning text with proper spacing, and how to design an addressed envelope. Strategies for at home practice are emphasized. This class recommended for beginning students who have taken Beginning Calligraphy, Part 1. Materials, including pens, ink and paper are provided and kept by students for the materials fee.  
**Tuition \$93 + \$10 materials fee paid to instructor**  
(AV57) Sat., Oct. 21, 9:00am-1:00pm

*Before purchasing supplies, please call 720-898-7245 to confirm that classes will be held as scheduled.*





FIBER ARTS

Easy Knitting for Beginners

AGES 16–ADULT

Sara Fuentes

Whether you have knit a little, a lot or not at all, this class is for you. Students learn about yarn, tools, basic stitches, knitting abbreviations, how to read and modify patterns, cast on, increase and decrease stitches and make a gauge swatch and a project. Needles, pattern, and yarn are provided for students to complete their first project. Advanced beginning students learn new stitches, work stripes, the three needle bind off, cabling, stitch anatomy, common mistakes (and how to correct them), and how to work with double pointed needles. Tips on where to purchase beautiful yarn and find free patterns are also given.

**Tuition \$90 + \$15 materials fee paid to instructor**

(AV58) Wed., Oct. 18–Nov. 29 (no class 11/22), 4:30–6:00pm, 6 weeks

Easy Crocheting for Beginners

AGES 16–ADULT

Sara Fuentes

Crocheting is versatile, fun and easy. This class is for beginners or those who have crocheted a little and want to know more. Leave your stress behind and come learn the basics of crochet including stitches, their abbreviations, how to read and modify patterns, make a gauge swatch, increase and decrease stitches, and the types of yarn available. Make a special project such as a market bag, scarf or dish cloth. A crochet hook, yarn and a pattern are provided for the first project. Students can then begin another project of their own choosing—a hat, sweater, afghan, baby clothes, etc. and provide their own yarn and hook (patterns provided if needed).

**Tuition \$90 + \$15 materials fee paid to instructor**

(AV59) Wed., Oct. 18–Nov. 29 (no class 11/22), 6:00–7:30pm, 8 weeks

*Before purchasing supplies, please call 720-898-7245 to confirm that classes will be held as scheduled.*



Colcha Embroidery of the San Luis Valley

ADULTS

Adrienne Garbini, Trent Segura, and Donna Madrid Hernandez

Join us for three afternoons to learn the art of colcha embroidery of the San Luis Valley. Colcha embroidery is practiced in the San Luis Valley as a traditional art informed by Spanish Colonial culture with Indigenous and Anglo-American influences. Colcha embroidery artworks from the region often illustrate personal histories and local landscapes, capturing complex memories of the Valley. Over the course, students learn about the history of colcha embroidery and the materials used. They then dive into working on their own colcha embroidery piece. No prior knowledge required.

This workshop is presented in conjunction with the exhibition Colcha Embroidery of the San Luis Valley, Arvada Center Theatre Gallery, September 14 - November 12.

All materials provided for \$20 materials fee

**Tuition \$150**

(AV61) Sat., Sept. 16, Sept 30, and Nov. 11, 1:00–3:00pm, 3 weeks

MIXED MEDIA

Exploring Collage

ADULTS

Candace French

Join us for this creative exploration in the art of collage. In this fun filled and relaxing day, create beautiful collage paintings that make your heart sing. Discover easy ways to follow steps in how to create a collage composition that “works” along with tips that make it easy to complete collage paintings. This workshop is geared toward beginning and intermediate painters.

**Supply List:** will be mailed prior to class

**Tuition \$120**

(AV60) Sat., Nov. 11, 9:00am–3:00pm

instructors

ROSEE ANDERSON grew up training at the Arvada Center and was an apprentice teacher under Christina Noel for 4 years. During this time, Emily also was a member of the Arvada Center Dance Theatre and choreographed for the Academy and company. Besides teaching at the Arvada Center, she also teaches at Park Hill Dance Academy and performs with Park Hill Dance Collective. She is a budding photography artist, slowly creating her own photography business, ‘Rosee Photography.’

DEVON BUCHANAN-MARRERO is a Denver native with a BA in Theater emphasis in Acting from the University of Northern Colorado. After spending 10 years performing and teaching in NYC she returned home. She has been directing children’s theatre, teaching educational theater and private performance lessons for the last 5 years. Teaching and creating a safe place for kids to express themselves is a top passion of hers.

JACKIE CASSIDY has a bachelor’s degree from the University of Minnesota. She has been a long-time ceramics student at the Arvada Center for the Arts and Humanities. She practices both wheel throwing and hand-building and has an ever-changing interest in different ceramic forms and textures. Jackie has been volunteering in the Kids Clay program and looks forward to her debut as an instructor, where fun and exploration go hand in hand.

CHUCK CERASO studied art at the University of Notre Dame, the New Orleans Academy of Fine Arts and with noted impressionist Henry Hensche at the Cape School of Art. His work is in public and private collections throughout the country. Chuck received the Outstanding Young American Award in 1988 and is listed in Who’s Who in America 1994/1995 edition, as well as The International Dictionary of Biography. He also teaches regular classes at the Denver Art Museum as well as in his studio in Lafayette. His work can be seen at his gallery/studio in Lafayette.

WALTER CHAW has been a professional film critic and lecturer for 25 years. A member of the National Society of Film Critics, he has bylines in the NYTimes, Washington Post, LA Times, LA Weekly among others and has contributed commentary tracks and booklet articles for Criterion, Arrow, Imprint and others. He has written a monograph on the 1988 film Miracle Mile, and a study of the films of Walter Hill called “A Walter Hill Film: Tragedy and Masculinity in the Films of Walter Hill.” He is a frequent guest on NPR’s “Pop Culture Happy Hour” and also wrote, produced, and narrated a documentary for David Fincher’s “Voi” series on Netflix. A native Coloradan, he is currently at work on a new book project and is a lecturer at the University of Colorado, Denver.

JESSE COLLETT he/him/his, is a passionate theatre artist and has been involved in theatre nearly all his life. He graduated from the UNC with a BA in musical theatre and a BA in theatre education. Being passionate about lifelong learning, Jesse also recently received his MA in directing from Roosevelt University in Chicago. Jesse is currently the Theatre Coordinator for Jeffco Public Schools in Colorado and serves on the Colorado Thespian Board to promote and strengthen theatre arts in education through theatrical experiences that provide creative enrichment for students and teachers. Jesse believes in what theatre offers to humanity including conversation, expression, taking risks, and sharing stories. Jesse strives to make theatre a safe and brave space for students to grow and thrive. Let’s “fail forward, embrace vulnerability, and breathe.”

TAYLOR CONIGLIO is a professional dancer and dance educator based in Denver, Colorado. An avid student of dance since childhood, she trained rigorously in Jazz, Ballet, and Modern Dance at the Arvada Center for the Arts and Humanities as a part of their dance theatre and pre-professional performing company. Taylor furthered her education at Loyola Marymount University where she continued her dance studies with courses spanning many aspects of the dance world, including Dance Education, Composition, Improvisation, Hawaiian Dance, and Dance Conditioning, all taught by distinguished faculty. She graduated Magna Cum Laude after three years of study with a Bachelor of Arts in Dance in May of 2014. In addition to performing dance, she instructs students all over the Denver area.

PATRICIA CRONIN is a Denver native with a BFA from the University of Colorado, and an MA in Art History

and museum studies from the University of Denver. She has been a professional artist for 24 years, and a member of Zip 37 cooperative gallery for over a decade. Though she taught college ceramics for 13 years, her current passion is sharing the joy of clay with kids of all ages.

PETER DAVISON was the Co-Artistic Director of Boulder Ballet, and an independent solo performing artist. Peter has been a member of David Taylor Dance Theatre, Jan Justis Dance Company, Kim Robards Dance, 3rd Law Dance/ Theatre, and has performed numerous roles with Boulder Ballet since 1987. He has performed solo shows at the Carmel/ California Performing Arts Festival, Cincinnati Playhouse, and Utah State Arts Tour, and has appeared as a featured soloist on the CBS, BBC and Fox television networks. Peter is a recipient of the 2009 Ballet Builders Award for Choreography, from New Choreographers on Pointe in New York City, and has created dances for Boulder Ballet, Ballet Nouveau Colorado, David Taylor Dance Theatre, Colorado Shakespeare Festival, and the Denver School of the Arts.

SARAH DELLA FAVE hails from New Jersey where she studied ballet and jazz. She has studied tap with Gene GeBauer, Barbara Duffy, Max Pollak, Ira Bernstein, and Anthony LoCasio. Sarah currently studies with Peg Emery, Alicia Karczewski, and Ashi Smythe. Her Teaching style is similar to that of her mentor, Peg Emery, and is geared toward adult students.

LISI ELSEY brings to the Arvada Center 24 years’ experience as a professional dancer and 15 years as an instructor. Lisi has performed lead roles in both classical and contemporary ballets with Colorado Ballet, Boulder Ballet and Arizona Ballet Theatre. Additionally, Lisi received her BA in psychology and dance from the University of Arizona and her MA in psychology from Lesley College.

MICHAEL EMPEY is a technology teacher at a local charter school. He is thrilled to bring his enthusiasm and love for learning to the Arvada Center Digital Creative Arts Lab. Mike is a life-long technologist and maker by heart. He has K–8 technology for over 10 years and is eager to be teaching 3D printing this summer. When not busy teaching, Mike can be found tinkering with robotics, building drones, or playing around with his two young daughters.

CANDACE FRENCH is an award winning mixed media artist who is committed to sparking joy through creating and teaching art. Her paintings involve many layers of concealing, revealing and enhancing brilliant colors. Above all, she enjoys texture. Candace keeps her creativity alive by drawing inspiration from Mark Rothko and Clyfford Still. She enjoys playful expression and sees it as vital to her work. Her greatest joy is the endless possibilities of discovery and sharing her joy with others.

HEATHER FRITZ-ABARRO comes to Pilates after more than 30 years of classical ballet, jazz and modern dance experience. Many of those years were spent studying ballet and Laban based floor barre with Rieke Love at Ballet Denver. She found Pilates a great way to keep moving while pregnant with her second son, and decided to get her certification after practicing the method and feeling a huge difference in her strength and movement quality. She received her certification in the Classical Pilates Method from Ph7 in Denver in 2009.

SARA FUENTES has been involved with needlework in one way or another for over 40 years. She has done needlepoint, crewel and repousse’ embroidery, knitting and crocheting. Her specialty is knitting and crocheting. Starting out as a child in this area, she progressed from simple shawls to afghans, sweaters, jackets, skirts and even knitted a wedding dress for a friend. More recently, she assisted in the Arvada Center’s spring Dance Recitals by knitting and crocheting specialty items and selling handmade dance accessories to benefit the Tinkerbelle Task Fund for the Arvada Center Dance Academy dancers.

GRETCHEN GABORIK received her BA in Theatre from Kean University (NJ), trained post-grad as an IB Theatre Instructor, and worked at Le Jardin Academy in Kailua, HI for 6 years, teaching middle and high school drama, running numerous after-school drama programs, and directed and choreographing theatre productions and musicals. She has many years of experience in all aspects of theatre, including the roles of actor, dancer, stage manager, design assistant, theatre technician, director and

choreographer. Gretchen has been teaching at the Arvada Center since 2009, and has taught a variety of theatre classes for all ages at the center, including private acting lessons, improvisation, musical theatre and physical comedy; various workshops; parent-toddler multi-arts classes; and has also worked as a child liaison for Arvada Center theatre productions. Gretchen directed three Summer productions for 6–8 year-olds (including Peter Pan and Wizard of Oz) and assistant-directed three Summer productions for 9–12 year olds (including Oklahoma! and The King and I) at the Arvada Center.

BARB GREBOWICH began drumming in high school marching band where she became proficient in the snare drum. From there she progressed to the drum set playing rock, pop and jazz in bands. Over the past ten years she has been playing congas, djembes and bongos exploring the cultural rhythms associated with these percussion instruments.

EMILY HOCH-WINDUS, M.A., a Colorado native, began her dance training at age three and now holds her Masters in Dance Education from the University of Northern Colorado. She has diverse dance training working with artists from professional and collegiate levels in jazz, modern, tap, ballet, hip-hop, musical theater, West African dance, as well as Capoeira. Emily is dance artist, educator, advocate, and adjudicator for dance schools throughout Colorado. Emily is a full time dance educator who designs arts integrated lessons, and curriculum for grades K–9 at Doral Academy. She serves as an Ambassador for Presenting Denver, and helps fulfill their mission to support the art of dance through increased public exposure and appreciation of movement as an innovative art form. She has been teaching jazz and modern classes for dancers at the Arvada Center for close to 10 years, and is a choreographer for the ACDT Company.

LYNN HULL has been a working artist in the Denver Community for 27 years. She received a BS from Franklin Pierce University in New Hampshire and has taken many clay work-shops that have enhanced her skill set. She does work that is thrown and then altered and is skilled at hand building techniques as well.

JENNIFER IRWIN has studied dance for more than 20 years. Most of her training occurred at the Arvada Center under Christina Noel-Adcock, Eve Brady Paris, and Lisi Elsey. She began teaching at the Arvada Center in the apprentice teacher program in 1997. Jennifer received her bachelor’s degree in Broadcast Journalism from the University of Missouri in Columbia in 2003 with a minor in Psychology. In addition to teaching at the Center, she also volunteers a lot of her time with the dance program helping with costumes, choreography and coordinating volunteers. The Arvada Center selected her as Volunteer of the Month for March 2011.

ELENA MARIE KRAMDA started her dance training with Christina Noel Adcock at the Arvada Center. She later earned a BFA in dance from the Conservatory of Music and Dance at UMKC. She attended programs at The Ailey School, Jennifer Medina’s Common Thread Contemporary Dance Company, Cleo Parker Robinson, and Kim Robards, performing in showcases and attending some of these on scholarship. Elena then went on to study Graham with the renowned Franca Telesio. Additionally, Elena is a licensed elementary teacher completing a Master’s in Linguistically and Culturally Diverse Education. Elena has taught in a variety of dance programs in the U.S. and abroad, including the Dance Academy at the Arvada Center, Airborne Gymnastics and Dance, The DAM Studios, Your Soul’s Movement, and guest teaching at many studios in the Denver metro area.

KATHRYN (KATE) LANNING spent the past 30 years at the Arvada Center, first as a student under the tutelage of Christina Noel-Adcock, Lisi Elsey, and Eve Brady, then as a company member herself, and later as an instructor and co-director, Kate has seen this program and its numerous dancers grow and prosper. A dance instructor for 22 years now, Kate has witnessed many of her beginning ballet students go on to become members of the Arvada Center Dance Theatre, and even pursue dance beyond the Arvada Center. Kate has loved the creative exploration of choreographing for ACDT’s talented dancers, as well as collaborating with the women who first mentored her. Beyond the Arvada Center, Kate served 10 years as a professional company member with Boulder Ballet, and ballet instructor for



Boulder Ballet School, and taught 3rd grade in BVSD for 5 years. Currently, in addition to the dance department, Kate is an outreach instructor for the Arts Day program at the Arvada Center and is a substitute teacher for both BVSD and JeffCo school districts. Investing her time and talents to the arts and education is Kate's passion, whether at the Arvada Center or out in the community.

KATHLEEN LANZONI is an award-winning artist with a passion for watercolor painting. Painting in the studio as well as Plein Air (outdoors on location), she immerses herself in the fluid and unpredictable qualities of watercolor paint to capture the brilliant light and colors of nature. There is a wonderful feeling when applying the paint and seeing how the colors blend and flow, allowing the watercolor magic to happen. Kathleen has been teaching painting for over 20 years. Working with artists of all levels, sharing the magic of watercolors. She grew up in both Montreal and California, and for over 31 years has enjoyed the endless painting subjects that living in Boulder, Colorado, offers. Kathleen was formally trained at the Art Institute of Boston and at the Massachusetts College of Art, graduating from both schools with a BFA.

AMBER LAWSON studied art education at Kansas State University. After completing her education she went on to teach middle school aged students in Topeka, KS for three years. Amber then taught Kindergarten through 8th grade art in Sioux Falls, SD while completing her masters in educational technology. While living in South Dakota, Amber also started her own business as a professional photographer. Amber is new to Colorado and excited to share the visual arts with the students in Arvada.

SAMIYAH LYNNICE began her training at Academy of Ballet Arts and Artz 4 Life Academy in the Tampa Bay Florida area. She is a graduate of the New World School of the Arts and has a BFA in dance from the Hartt School in Hartford, CT. Miss Lynnice toured the US as a principle dancer with DunDu Dole West African Ballet in her youth and starred in the Chocolate Nutcracker as Claire and the Dream Princess. She has performed at the American Dance Festival premiering the commissioned work Resist by Micaela Taylor in the 2019 and the Vail International Dance Festival where she premiered *Standing on our Shoulders* by Cleo Parker Robinson in 2021. Miss Lynnice is in her sixth season with Cleo Parker Robinson Dance Ensemble.

HEIDI MEISSNER has a BSEE with graduate work in Art Education. She has been teaching all levels of ceramics since 1996. Her focus is on thrown functional porcelain forms, which are based on her study of the "Japanese Arita Method of Porcelain" taught by James Srubek (with the guidance of Sensei Manji Inoue, a living cultural treasure of Japan) at the University of New Mexico.

LENA MURPHY-COLM brings 30 years of teaching and performance experience to the Arvada Center Dance Program. Her passion for teaching and exuberant energy creates a joyous environment for learning technical skills and developing a love for dance. Patience, encouragement, communication and kindness are her mantras for developing young dancers.

CHRISTINA NOEL has been teaching ballet 37 years, apprenticing first under the tutelage of her grandmother, a former soloist with the Brussels Opera. In 14 years as a professional dancer, Christina performed with Chicago Ballet, Tucson Ballet, San Diego Ballet, Nevada Dance Theatre, and Colorado Ballet, performing lead roles in Nutcracker, Swan Lake, Giselle and La Sylphide as well as having many roles created for her. She also taught for the companies' schools. Since 1986 Christina has taught ballet at the Arvada Center, and directed and choreographed for the Arvada Center Dance Theatre. Presently, Christina is the Dance Coordinator for the Center and directs the Apprentice Teacher program. Many Arvada Center graduates have received dance scholarships from Universities and Conservatories, and several now have professional dance careers.

JANET NUNN is an award-winning watercolorist known for her use of bright color and blending techniques. Janet's works have been featured in Splash 14, 16 and Watercolor Artist magazine has published several of her lessons in her book, "How Do You Paint That Book." As an instructor, Janet enjoys teaching in a positive way, guiding students to

uncover their own style of painting while they learn many watercolor techniques in a completely hands-on experience.

JOEY PORCELLI is the author of "Rise and Dine: Breakfast in Denver" and "Boulder, Gyros Journey: Affordable Ethnic Restaurants along the Front Range" and "Take 30: The First Three Decades of the Denver International Film Festival." She writes screenplays, restaurant reviews and magazine feature articles. Porcelli has worked as a newsletter editor for the Denver Mayor's Office of Arts, Culture and Film, the Lower Downtown District, Inc., and Historic Denver. Her short story "Parachute Drop" won first place for fiction in the Colorado Authors' League 2022 contest.

LINDA POTT holds a Ph.D. in Music Composition from the University of California-San Diego. Her Masters in Music degree is from the University of Illinois, and her Bachelor of Music degree is from the Lamont School of Music at the University of Denver. She plays piano, accordion, and bassoon. She taught at the University of Wisconsin-Parkside, the Lamont School of Music, and at San Diego University. She has taught music in schools for grades K-12, and teaches private music lessons for adults and children. Linda is a nationally certified teacher of music in piano (MTNA). Linda is a member of the Broomfield Symphony Orchestra.

MEGAN RATCHFORD is the Artist in Residence for the Arvada Center Ceramics Program. She attended Arapahoe Community College and the University of Nebraska, Lincoln, where she completed her BFA in ceramics. She has taught ceramics since 1996 with emphasis in salt fire and raku techniques. In her own work, she focuses on the functional thrown vessel fired in high fire reduction and salt atmospheric kilns.

PABLO RODARTE is among the few American-born artists who can claim notoriety and respect in the Flamenco culture of Spain. Trained in his youth with the dance foundation of tap, jazz and ballet, Pablo embarked on an international level of dance where he pursued his love of Flamenco. Mr Rodarte studied and danced with the great masters of Flamenco in Spain for over 25 years and was part of Spain's major regional and classical Flamenco dance companies. In addition to performing in and choreographing major stage productions, his work in the US includes founding the company Amanecer Teatro Flamenca in Denver and teaching at the University of New Mexico.

WENDY SATSKY is an artist and teacher whose passion is to share her love of art with others through teaching and art making. She holds an M Ed from Colorado State University and was twice awarded Outstanding Teacher of the Year during her career as a middle-school art teacher in Eagle County. Wendy presently serves as an art director for Denver's People House where she manages Pendleton Art Gallery and assists other artists, oftentimes with their first shows. Tending to her own spirit with meditative painting and writing practice, Wendy enjoys creating calligraphic paintings, greeting arts and art books inspired by nature, beauty and wisdom found in everyday life.

SHAWN SHEA has created work for International, national, regional and local editorial and advertising clients. He has designed and illustrated eighteen children's books. Shawn's fine art paintings have been accepted into numerous shows and are in private collections of Children's Hospital and Craig Hospital. His work has been shown in numerous group and two-person exhibitions.

MARC SHULGOLD is the former music and dance writer for the Rocky Mountain News, a position he held for 21 years. Prior to that, he worked at the music desk of the Los Angeles Times with Pulitzer Prize-winning critic Martin Bernheimer. Marc is a popular teacher and lecturer on music.

A. K. SMYTHE is a native of Chicago's south side. Ashi began dancing and performing at the age of five at the Katherine Dunham Center for the Performing Arts (KDCPA) in East St. Louis, Illinois. He was trained in ballet, modern, tap, jazz, gymnastics, West African, dance theory and instruction. Ashi is an accomplished artist whose versatile abilities have taken him around the world. His base training of Dunham Technique enabled him to perform with dance companies including Alvin Ailey, Missouri State Ballet, Senegalese and Guinea Ballet (West African), H.T. Chen and Dancers (Asian-American), and Chuck Davis' African American Dance Ensemble (AADE) where he was a principal dancer. He danced

with MC Hammer and was an original cast member of the Tony Award winning Broadway musical (Best Musical) of "The Lion King." Ashi is also an actor and singer and has lent his voice to such projects as "The Lion King's" (Broadway soundtrack), "The Lion King II" Simba's Pride's (Movie soundtrack), "Faca Kulu"(South African artist) and "Lion Beast Rhymes" (BCEFA). He has taught and choreographed for several dance companies, universities, dance groups, award shows and celebrities.

KELLI STARK has been working at the Arvada Center for nearly a decade with eclectic knowledge in zoology, yarn art, cartooning, circus arts, and printmaking. Her favorite Pokémon is Vulpix (both forms).

BRADLEY SWEATT is an avid ceramic artist with seven years of experience in different hand-building and wheel throwing techniques. He recently received his BFA from Northern Illinois University, continues to pursue higher education and is proud to join the Arvada Center team as an instructor.

BLAKE VANDERPLOEG grew up dancing at the Arvada Center and was a Arvada Dance Theatre company member. Blake studied Kinesiology with a minor in dance at Calvin University in Michigan where she joined the University Dance Guild working with student leaders to coordinate two productions yearly. Blake was part of the leadership team, deciding on choreographers, organizing costumes, and putting together a total of four shows. Blake has choreographed for Dance Guild, the Calvin dance minor program, and the Arvada Center Dance Theater. She has assisted with and taught dance, music, and art classes at the Center since her freshman year of high school, and is now back as a teacher, choreographer, and guest artist.

MARILYN WELLS, M.Ed., Ph.D., is a lifelong Artist and Teacher, always majoring in Art. She specializes in painting Abstract Sumi e, or black ink on paper, of ancient Zen origins, plus figurative Divine Feminine women in Oils and in Watercolor, as well as small Clay works inspired by ancient Neolithic figures. Her intention is always to ignite the spark of her student's own inner fire of creativity so they may also find this lifelong satisfaction and joy in making Art.

NANETTE WEST is a graduate of Ball State University with a bachelor of music degree in vocal performance and a BA degree in German. She has performed with opera companies in Colorado and Indiana. She has also performed in oratorio works with local orchestras and as a guest soloist with several local churches. Nanette and her twin sister, Natalie, just completed producing a southern gospel CD with Crank It Up Studios in Boulder, Colorado.

BEN WINTER has performed as an actor and improv artist on stage for over 15 years and is the founder and owner of Success Improv, a successful team-building company utilizing the tools and techniques of improv. He recently launched Pads and Pieces Improv Comedy. He is the author of The Wrong Turn (his first sci-fi novel) and personal development books: What to Expect when having Expectations, Living Unscripted, Business Unscripted, Relationships Unscripted, Team Building Unscripted and IMPROVE your Self-Esteem. As Ben says, "Life is improv. Let's have fun with it."

ELLA WITT is a graduate of Stephens College with a BFA in Musical Theatre. She has over 4 years of experience working in children's education, and over 13 years of experience in musical theatre and instrumental music. Her passions for both musical theatre and working with kids combine to create a safe and engaging learning environment. She has spent spring and summer 2023 with student artists at the Arvada Center.

STEVEN WOOD's ceramics career spans over 30 years. During that time he has worked in large scale production pottery businesses as well as small production studios. He brings the benefits of these experiences to bear in developing his own work. As an instructor, he encourages his students to envision a finished piece where form, function and surface work in harmony to create a successful piece. His production experience has allowed him to hone his throwing and forming skills and he is able to share his insights on efficiency of process with his students. During class he demonstrates techniques to aid student's advancement of their own skills and help them explore new forms.

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#### EDUCATION STAFF

Lisa Leafgreen  
Director of Education  
720-898-7236  
Teresa Cirrincione  
Assistant Education Director  
720-898-7241  
Christina Noel-Adcock  
Dance Coordinator  
720-898-7237  
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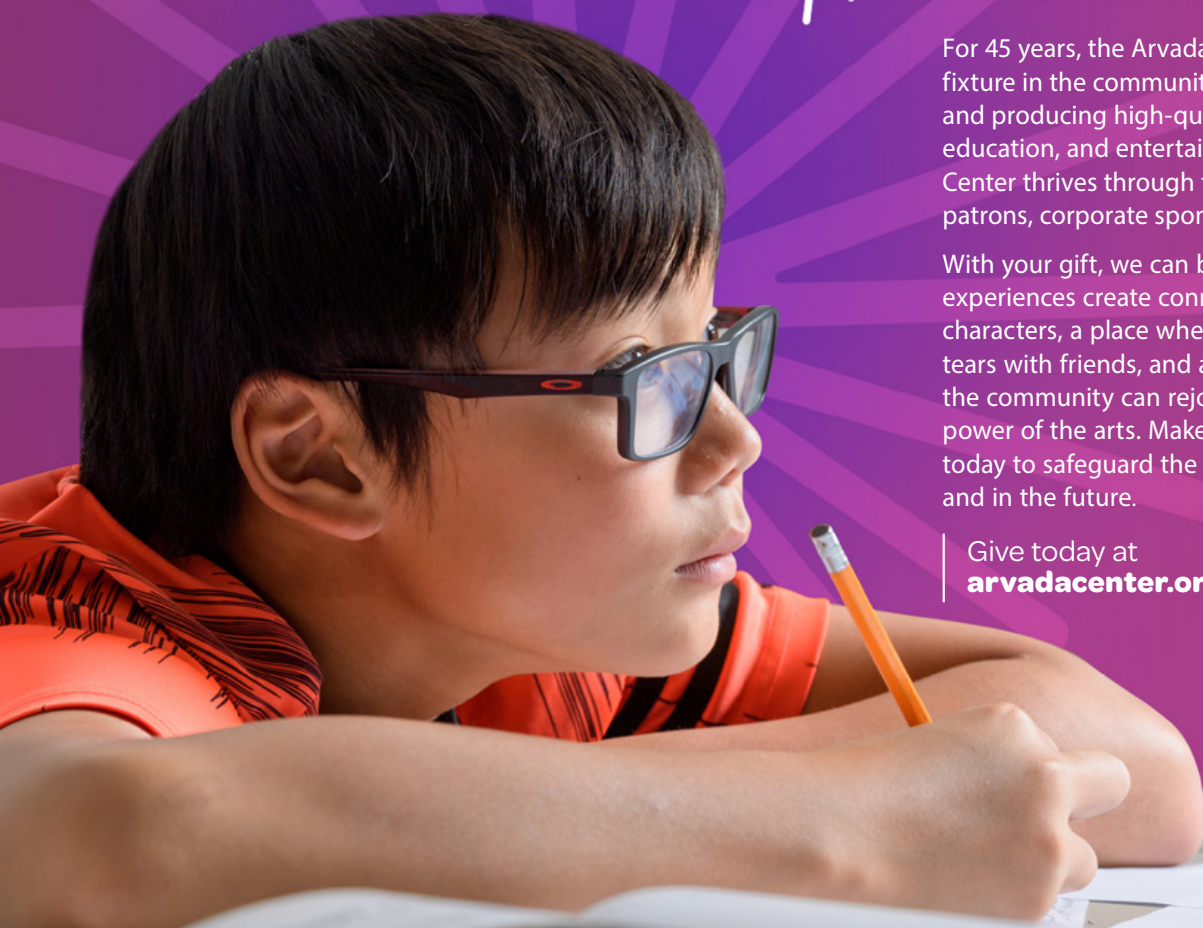
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