

ARVADA CENTER DANCE ACADEMY

classes at the center

Academy classes are for dancers from age 6–19 who are seeking progressive training based upon a syllabus. Dancers in this track train between 1 and 5 days a week and are offered ballet, modern, jazz, hip hop, tap, and pilates. Prospective students take a placement class to be admitted to classes in level II and up.

DANCE ACADEMY PRICING

Pricing for all Academy classes is based on the number of classes students take per week. Prices are charged per student not per family.

ACDT (Arvada Center Dance Theatre) rehearsals are mandatory for company members. Company members pay only for the company class and rehearsal fees are waived.

Price per 20-week Fall session:

1 class per week \$332

2 classes per week \$660

3 classes per week \$968

4 classes per week \$1,113

5 classes per week \$1,246

6 classes per week \$1,380

7 classes per week \$1,512

Each additional academy class over 7 – \$175 per class

Drop-in classes – \$28 per class

Limited scholarship support is available. Application and deadline information is available at the Box Office.

ARVADA CENTER DANCE ACADEMY TECHNIQUES

We offer a full range of dance styles and strengthening classes: Ballet, Pointe, Jazz, Modern, Tap, Hip Hop, and Pilates.

DANCE ACADEMY SCHEDULE

Fall Session (20 Weeks)

August 18, 2025–January 17, 2026

(no class 9/1–Labor Day and 11/27– Thanksgiving)

Fall Concert performed by our

ACDT Company Dancers:

“Nature’s Beauty,” Friday, Dec. 5 and

Saturday, Dec. 6 in the Black Box Theatre

Break: December 21, 2025–January 3, 2026



Level I

FOR AGES 6-9

Dancers learn the basic warm ups, stretches, simple jumps, and connecting steps that are specific to ballet, jazz, hip hop, or tap. These beginning classes lay a solid foundation that are built upon as the dancer progresses. The Saturday ballet class is more advanced and requires teacher approval.

Level I Dance Academy Offerings		
Ballet	Jazz	Tap
Wednesday 5:00-6:00pm (XD901)	Monday 4:45-5:45pm (XD904)	Thursday 5:00-6:00pm (XD905)
Friday 5:15-6:15pm (XD902)	Hip Hop	Modern
Saturday 9:00-10:00am (XD903)	Monday 4:15-5:15pm (XD906)	Saturday 9:00-10:00am (XD907)

Level II

FOR AGES 8-12

At this level of training dancers focus on steps that transition weight, stability, musicality, and building dance vocabulary specific to each technique. Dancers learn a variety of turns, jumps, and traveling steps that challenge and develop coordination. At this level of ballet, students should take 2 classes per week. The Tuesday ballet class is advanced and requires teacher approval.

Level II Dance Academy Offerings		
Ballet	Jazz	Tap
Tuesday 4:30-5:45pm (XD908)	Monday 5:15-6:30pm (XD911)	Thursday 6:00-7:15pm (XD913)
Thursday 4:30-5:45pm (XD909)	Hip Hop	Modern
Saturday 10:00-11:15am (XD910)	Monday 6:30-7:45pm (XD914)	Wednesday 6:00-7:15pm (XD912)

Level III

FOR AGES 10-13

Dancers at this level increase their dance vocabulary and the ability to memorize dance sequences. Development of strength, alignment, proper execution of steps, and development of continuity in their dancing are all part of all level III training. Dancers are required to take at least 2 ballet classes a week, however, 3 are recommended. Students are also encouraged to train in more than one discipline. Towards the end of level III ballet training students begin to prepare for pointe work. Wednesday ballet is more advanced and requires teacher approval.

Level III Dance Academy Offerings		
Ballet		Modern
Monday 4:15-5:45pm (XD915)	Thursday 4:30-6:00pm (XD917)	Wednesday 6:30-8:00pm (XD920)
Wednesday 4:30-6:00pm (XD916)	Saturday 10:00am-11:30pm (XD918)	Tap
		Tuesday 5:30-7:00pm (XD921)
Jazz		Hip Hop
Monday 5:45-7:15pm (XD919)		Wednesday 4:30-6:00pm (XD922)
Academy Pilates		
Saturday 10:15-11:15am (XD923)		
Choreography		
Friday 4:30-5:30pm (XD924)		
ACDT Company Class		
Saturday 11:30am-12:30pm (XD935)		
ACDT Apprentice Rehearsals		
Saturday 1:00-2:00pm (XD931)		

Level IV

FOR AGES 13-15

Dancers at this level work on more complex footwork and increased dance vocabulary. Close attention is paid to proper alignment, attention to detail and style in all aspects of training. This level of Jazz class includes work on lyrical and contemporary dance. Dancers are encouraged to take 3 technique classes. Students are also encouraged to train in more than one discipline, providing them 4 or more classes per week of technique. Dancers are promoted to pointe work as their technique and bodies are ready for the challenge. The Monday ballet class is dedicated to beginning pointe work. The Thursday pointe class is for dancers who are capable of one foot steps and pirouettes. The Wednesday ballet class is more advanced and requires teacher approval.

Level IV Dance Academy Offerings		
Ballet		
Monday 5:45-7:15pm (XD925)	Wednesday 6:00-7:30pm (XD926)	Thursday 6:00-7:30pm (XD927)
Pointe	Jazz	Modern
Thursday 7:30-8:30pm (XD928)	Monday 7:15-8:45pm (XD929)	Tuesday 5:45-7:15pm (XD930)
Academy Pilates		
Saturday 10:15-11:15am (XD923)		
Choreography		
Friday 4:30-5:30pm (XD924)		
ACDT Company Class		
Saturday 11:30am-12:30pm (XD935)		
ACDT Apprentice Rehearsals		
Saturday 1:00-2:00pm (XD931)		
ACDT Senior Company Rehearsals		
Tuesday 7:15-8:15pm (XD932)		
Wednesday 7:30-8:30pm (XD933)		
Saturday 1:00-3:00pm (XD934)		

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To register for classes, visit our website (ArvadaCenter.org), call the Box Office at 720-898-7200, or stop by in person.